

Burnout Job Description

*YOUR ONE SHORT, PRECIOUS, BEAUTIFUL LIFE IS SEARCHING FOR AN ORGANIZED, TRUSTWORTHY, AND SUSTAINABLE OPTION TO GET OFF THE F*CKING HAMSTER WHEEL.*

This position will support your mental health, sense of self, nervous system, and business and personal affairs. The ideal candidate would possess: A desire to quit everything or most things • A commitment to unpacking workaholic-ism, imposter syndrome, and white supremacist notions of laziness, perfectionism, and productivity • Decision-making skills, a proven ability to use foresightedness, nimbleness, and strong judgment • Proficiency in Hulu, calling friends, and TikTok anti-capitalist memes • A commitment to stop working well under pressure and during stressful situations • Three to five years spent rising the corporate, nonprofit, governmental, or academic ladder • Time • A willingness to work a flexible schedule, including long hours, nights, and weekends

PREFERRED QUALIFICATIONS:

- Knowledge of self-care practices
- Experience with conflict resolution
- Self-awareness and prior therapeutic experiences are a plus, though not a requirement

MAIN RESPONSIBILITIES:

- To survive
 - Includes paying rent and buying groceries
- Plans, manages, and conducts daily and weekly schedule
 - May include travel to remote or luxurious locations
 - May include scheduled or unscheduled time spent sleeping or watching copious amounts of "Real Housewives"
- Sets and oversees personal goals, policies, and procedures
- Oversees personal budget
- Acts as a formal spokesperson and media liaison to former coworkers and family members who ask, "What are you up to now?"
- Develops and implements media, communications, and public relations strategies
- Oversees the creation and distribution of your social media, including but not limited to: LinkedIn, TikTok and Instagram
- Monitors and responds to incoming requests, including contradicting thoughts and feelings of guilt and joy
- Reports directly to self (good luck)

This will be a part-time/contract position without health or dental insurance. All work can be done in person, remotely, in bed, or outside. No direction will be provided, and you'll work very closely with yourself. The rate for this position is actually in the negatives because you'll have to pay for everything, but we promise it will be a good experience in the long run.

Your One Short, Precious, Beautiful Life is an Equal Opportunity Employer. Studies have shown that folks from historically excluded communities (women, LGBTQIA+, BIPOC, disabled, and/or undocumented folks) hesitate to apply for jobs when their qualifications don't match the job description 100%. If you are interested in the position but don't meet all of the criteria, we still encourage you to apply.

**To apply, do absolutely nothing.
Or something. Or go to a therapist.**

**OPEN UNTIL FILLED —
PRIORITY DEADLINE NOW.**

Please do not make phone calls or send texts, DMs, or personal emails to apply to this position. On second thought, get rid of your email. And your smartphone.

For more information, check out
<https://tinyurl.com/ActualPeace>

ABOUT ME:

I am a simple woman with a simple life. Jk, I am an Aquarius, BUT I have not been in a major publication, and I don't have a personal blog, just a lot of thoughts. I identify as queer and live somewhere between she and they. I like "Check all that apply" questions and enjoy prototyping. In the words of the great Sheryl Crow, "If it makes you happy, it can't be that bad."

Allison Carvalho / Leather Pants Ally