

My paintings are an exploration of memory, emotion, and connection—an attempt to bridge the gap between self and world, past and present, reality and imagination. Rooted in fragmented recollections, my work reconstructs moments that are deeply personal yet universally resonant. These reconstructed memories defy the binary of truth and fiction; they exist in a space where the real merges seamlessly with the imagined, where the boundaries between lived experience and emotional truth dissolve.

Memory, in my practice, is not static. It is fluid, like the mediums I use—unpredictable, elusive, and ever-changing. Each painting is a collage of fragments: a fleeting glance, a fragment of a conversation, or an ineffable emotion. These pieces, when reassembled, form a visual language that speaks to the transient and transformative nature of memory itself. My work is less about depicting specific moments and more about capturing the emotional essence that lingers within them.

Fluidity is at the core of my practice. Water is explosive, sincere, fragile, and clear. It moves freely, constantly shifting, just like my memories—blurred, flowing, and always being reshaped. I am constantly reconstructing my past, and the fluidity of my materials reflects this process. Water's softness and unpredictability align with my themes, capturing how memory and emotion form, dissolve, and transform. Through this process, I hold onto what is fleeting, giving shape to the intangible.

Growing up in Shanghai, I became aware of the cultural and societal forces that shape individual identities. Even in one of the most developed cities in China, the expectations placed on women remain restrictive and contradictory. These experiences heightened my sensitivity to the unspoken and unseen—the emotions concealed beneath superficial social appearance and daily interactions. My art seeks to amplify these hidden layers, revealing the vulnerability, strength, and complexity that define our shared humanity.

Urban life, with its paradoxical mix of proximity and isolation, is a recurring theme in my work. The city is a space of constant flux, where individuals navigate the tension between connection and alienation. My paintings capture this tension, depicting people as both distinct and interconnected, their emotions subtly expressed through body language and fleeting gestures. The body, in my work, becomes a vehicle for emotion, a site where the transient and the ineffable are made visible.

Ultimately, my work is a dialogue—a conversation between myself, my medium, and the world. It is an attempt to make visible the invisible, to reconstruct and reimagine memory as a space of connection and possibility. Through my art, I explore what it means to be human in an interconnected world, inviting viewers to reflect on their own experiences and find resonance within the fluid interplay of memory, emotion, and existence.