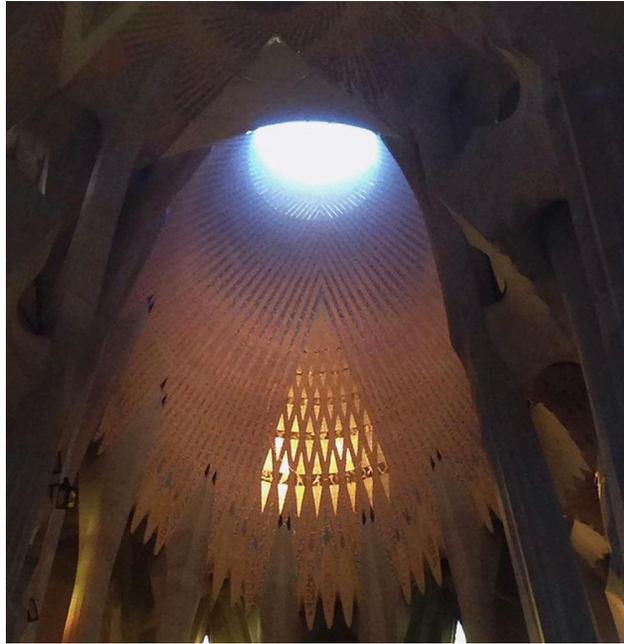


SUPPORTING YOUR END OF LIFE JOURNEY

My goal is to attune to your needs and help keep you physically, emotionally, and spiritually comfortable, calm, and supported as you transition to the end of your life.

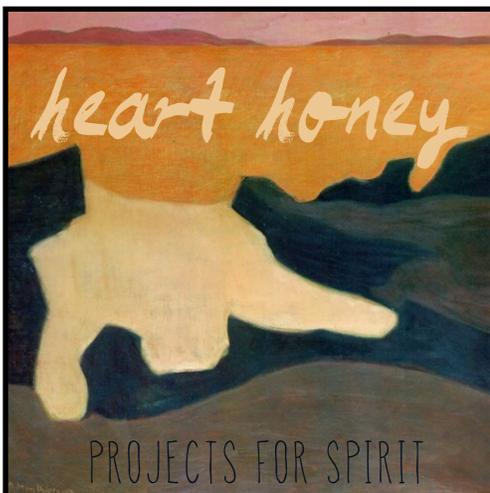
Offerings:

- Healing Breathwork to calm anxiety, relieve and release emotional and physical burden, and connect to Higher Self and alternate states of consciousness
- Guided end of life meditations/visualizations centering on the naturalness of death, the body's wisdom to let go, and practice dropping the physical body
- Helping you define and articulate your life's legacy through life review, memory sharing, and what brought your life meaning
- Exploring personal spiritual beliefs and addressing spiritual distress or concerns
- Considering your preferences for when you transition & support any necessary preparations
- Facilitation of essential end of life conversations with loved ones
- Support addressing your material footprint and how to let go of your belongings responsibly
- Referral list for estate planning and advanced medical directives
- Bedside Vigiling as you actively transition to death— focused on providing energetic alignment, empathetic non-anxious presence, and advocacy in line with your stated wishes
- Celebration of Life/Funeral planning
- Grief Support



SUPPORTING YOUR END OF LIFE JOURNEY

Fee & Scheduling:



This work is a calling and a labor of love and Spirit. It does not easily conform to hourly wages and timelines. I offer my service from the heart and hope to be compensated in a way that works for both of us.

Suggested hourly wage is a sliding scale \$45-\$125, pay what you can afford. I am open to trade and a flat fee/project rate for bundled services.

To schedule time with me, please call or consult my calendar at <https://calendly.com/heart-honey-projects/heart-honey-1-1-breathwork-session?month=2026-01>.

ABOUT: Heart Honey Projects is the brainchild of Rev. Alli Harbertson. Alli is a Salt Lake City native and has worked supporting people at end of life for the past four years as a hospice chaplain and grief counselor. She is a Healing Breathwork guide and ordained interfaith spiritual leader through her training at the Chaplaincy Institute. She prefers to identify as a Spirit Tender, a cosmic (and actual) Mama and Earth Lover.