

# D.I.Y. (Do It Yourself)



**DIY** is an age-old trade of money-saving, fun-time skills. Instead of paying for convenience, get **ANTI-CAPITALIST** and work with your own skill-set and what you have already in your possession.

This whole journal is a DIY guide, but here are some other things you can do to add some panache to your journaling experience. And don't forget! This entire journal (or just parts of it!) is available to download **FOR FREE** if you need to replenish anything.

## **DIY LAMINATING & DRY ERASE:**

Want to print/tear some pages out and put them where you can see them better? Wanna make the worksheets dry-erasable so you can reuse them? Here are some ways to do that:

1. Use clear packing tape. Just pop strips along the parts you want to laminate. Don't worry if it goes over the edge, you can cut around the edge with scissors when you're done. You can do this on both sides if you want. Get bubbles out by rubbing with a credit card.

2. Use a clear binder sleeve. The pages where you can just pop a page in at the top. Dry-erase markers can be used over top

3. If you have store-bought laminating sheets, you can use those. They have adhesive and thermal. Adhesive ones work like the packing tape, but are easier. If you have access to thermal ones, use a thin dish towel or rag and an iron. No machine necessary.



## ERASING SHARPIE/PERMANENT MARKER FROM DRY-ERASE SURFACE:

If you want to use permanent marker on top of a dry-erase surface (say, for the medication worksheets or emergency card), but then you want to make a change, you don't need to make a new one or bust out the chemicals. It's CRAZY simple to remove. Grab a dry-erase marker and scribble over the permanent marker. Then, wipe it away. That's it! You may have to do it a couple of times, but it really works!

## MAKING A ZINE:

A "zine" is an independently made publication similar to a magazine. Some are also known as "fanzines," but they can be about ANYTHING no matter how small the niche. Zines can be made for any number of reasons--from advocacy, general interest, education, how-to guides, connecting a group of people together, or just for fun's sake.

Here is a quick guide to making a staple pamphlet zine:

1. Have an idea for something you want to write/draw/collage about.
2. Begin writing and designing. You can draw your own images, cut them from newspapers and magazines and tape or glue them in place, type or typewrite your words and cut and glue them or use technology if you have it. Give credit where it's due.
3. Once you're solid on your content, make a dummy. You will want to have page numbers that equal multiples of four (including your front and back cover). Once you know how many pages you will have: stack, fold, and staple some blank pages together. Write in your page numbers and some notes or sketches of the page content.
4. Unstaple your dummy and organize your content accordingly on your pages or in your computer.
5. Photocopy cut and paste forms or print computer-based ones. You can do all sorts of cool things by messing around with the copier. Save your MasterZine or file!
6. Fold, staple, distribute! Drop at your local anarchist bookshop, stick in pages of books at the library, leave them around town, or post online!

