

My paintings emerge from quiet observation and embodied awareness of place and my surroundings. Through horizons, light, nature, water, and built environments, I explore the act of searching: for meaning, stillness, and rootedness beyond distance. My work reflects an ongoing meditation on time, home, belonging, presence, and impermanence. By revisiting moments of transition and thresholds, I am less interested in documenting a specific place than in inhabiting the space of contemplation itself—moments where the fleeting, the eternal, or boundless, and the unknown coexist.

Painting becomes an act of pause and deliberate slowness. Paying attention to the land, everyday life, cycles of nature, and changing light reconnects me with the present while restoring my relationship to the self and the world. My experiences as an adoptee and being in the diaspora, especially the quest for grounding, inform my understanding of home and embodied memory. I value my relationship to the subject matter, often returning to it to deepen my connection. Layered with memories, stories, emotions, and associations, my paintings are conveyed through color, materiality, and a visual language of painting.

- Cherisse Alcantara