

My paintings emerge from quiet observation and embodied awareness of place and my surroundings. Through horizons, light, nature, water, and built environments, I explore the act of searching: for meaning, stillness, and rootedness beyond distance. My work reflects the search for home and a meditation on presence, impermanence, and ordinary moments and light as thresholds. In revisiting these moments of transition, I am less interested in recording a specific place than in inhabiting the space of contemplation itself—moments where the fleeting, eternal, and unknowable coexist.

Painting becomes an act of pause and deliberate slowness. Paying attention to the land, everyday life, cycles of nature, and movement of light reconnects me with the present while restoring my relationship to the self and the world. My experiences as an adoptee and being in the diaspora, especially the quest for grounding, inform my understanding of home and embodied memory. Conveyed through color, materiality, and a visual language of painting, my works are layered with memories, stories, and associations. They invite viewers to ponder the significance of sitting with changing light, experiencing the passage of time, and cultivating a quiet awareness of being within vastness and life's constant movement.

- Cherisse Alcantara