

*The work is abstract, pigment rich color studies, made by hand cutting and adhering thousands of tiny sampled pieces of paper, one piece at a time onto a cradle board like a puzzle with no overlapping. These works serve as a meditation in process for me and as a meditation aid for others as a final product. When making these pieces I don't anticipate my next move or the piece as a whole, instead I slowly choose one remnant at a time. This is an action in focusing on the "present." They are my daily reminder that there is beauty in this world, amongst all this everyday ugly. Self reflection, momentary living, and color appreciation are my getaway from our current chronic depressive geopolitical, pandemic world state. I would argue that this is the most political art I can make at this time*

*Sue Fox is a mixed media artist from Chicago living in Chattanooga, TN. She graduated from the School of the Art Institute of Chicago in 2003, and has shown extensively throughout the United States. Her work largely focuses on meditation thru color exploration. She is also a practitioner of Chinese Medicine, and asserts that her art career is just as important to her medical practice, as her medical practice is important to her art career. She has been published in Numbers Inc, Studio Art Magazine, and She has shown multiple times with Kai Lin Gallery in Atlanta, GA, and Gallery Studio Oh in Chicago, IL. Recently, she received 1st place in the "Eugene Brown Memorial Show" (an annual art show for Miami Tribal Members) at the Myaamia Heritage Center, in Miami, OK. She has participated in the Chattanooga Airport's inaugural art gallery, a 3 person show at Wavelength Gallery & Channel to Channel in Chattanooga, exhibited in Art Fields in Lake City, SC, and completed a residency at Hambidge this February. Currently she has a solo show at The Art Center in Athens, TN.*