

Much of our energy is spent on the mind and navigating our reality within its parameters. My paintings offer an alternate path, one spent in the body. When we approach our life from this viewpoint, we are struck by visual and tactile information. There is an opportunity to explore color and surface in a new depth through sense of touch and vibration. My work visualizes this new reality, one enveloped in unreal sensory material. Prismatic light saturates the ground and lays in water droplets, while the figure bathes in the weather. My paintings create a space to reflect on sensations of color and texture, bringing attention to the momentary event of living within the body.