

it's okay


it only hurts
a little bit
only for a little bit





Good to Remember Hot or cold, delicious and nutritious! Is that a classic or what?

Per 2 Tbsp: 40 calories; 0 g sat fat (0% DV); 50 mg sodium (2% DV); 9 g total sugars, 1.1 mcg vitamin D (4% DV); 110 mg calcium (8% DV). A Good source of 12 vitamins & minerals when prepared as directed. No artificial flavors or sweeteners; 99.9% caffeine free; Thoughtful Portion: 2 tablespoons + 1 cup (8oz) cold or hot milk or dairy alternative. Good Question: What's an easy way to get the calcium to help your bones stay strong, and 11 other essential vitamins and minerals? Good to Know: With 11 essential vitamins and minerals with no artificial flavors or sweeteners, drinking Chocolate Malt Ovaltine is an easy way to get the calcium to help your bones stay strong. Good to Remember: Hot or cold, delicious and nutritious! Is that a classic or what?



Saratoga Springs was the site of standardbred racing as early as 1847.[9] On August 3, 1863, casino operator and future congressman John Morrissey organized the first thoroughbred race card on the track previously used for harness racing (called Horse Haven that track is no longer used and is near the location of the Oklahoma Training Track).[10] The current course was opened across the street from the old standardbred track the following year.[11] Among those instrumental to the creation of the Saratoga Race Course were John Hunter (later the first chairman of The Jockey Club), William R. Travers, John Morrissey, and Leonard Jerome.[12] Saratoga Race Course has been in use almost every year since 1864, with only a handful of exceptions. The course was closed in 1896 due to increasing competition among thoroughbred tracks, making the meet at Saratoga not viable that season.[13] Anti-gambling legislation, which had passed in New York, resulted in a cessation in all thoroughbred racing in that state during 1911 and 1912.[14] The track's first parimutuel betting machines were installed in 1940.[15] From 1943 to 1945, racing was curtailed at Saratoga due to travel restrictions during World War II. During those years, the stakes races usually held at Saratoga Race Course were instead contested at Belmont Park.

PLACE	1	2	3	4	5	6	7	8	9	10	UNOFFICIAL
WALDOWAY	2	6	7	4	8	9	3	1	5	10	
TOT TIME	1:30	1:30	1:30	1:30	1:30	1:30	1:30	1:30	1:30	1:30	
ODDS	15-2	6-12	12-1	12-1	12-1	12-1	12-1	12-1	12-1	12-1	
RESULTS	RACE 3										
POST TOGETHER	2720 1100 700										
RESULTS	3-00 2-60										
RESULTS	1-00 2-00										



Cheez-It is a cheese cracker manufactured by the Kellogg Company through its Sunshine Biscuits division. Approximately 26 by 24 millimetres, the rectangular crackers are made with wheat flour, vegetable oil, cheese made with skim milk, salt, and spices.





Doberman pinschers are considered people-oriented dogs that are affectionate and sweet with people, if socialized and trained properly. They are loyal to their owners and are good with children if raised with them; however, some Dobermans bond only to one person.

Life expectancy: 10 – 13 years
Colors: Black, White, Fawn, Red & Rust, Black & Rust, Blue, Red, Fawn & Rust, Blue & Rust
Temperament: Intelligent, Energetic, Fearless, Alert, Obedient, Loyal, Confident
Height: Male: 26–28 inches (66–72 cm), Female: 24–27 inches (61–68 cm)
Weight: Male: 88–99 lbs (40–45 kg), Female: 71–77 lbs (32–35 kg)

The Dobermann, or Doberman Pinscher in the United States and Canada, is a medium-large breed of domestic dog that was originally developed around 1890 by Karl Friedrich Louis Dobermann, a tax collector from Germany. The Dobermann has a long muzzle. It stands on its pads and is not usually heavy-footed.



4 The objective of the game is to win all of the cards.

The deck is divided evenly among the players, giving each a down stack. In unison, each player reveals the top card of their deck—this is a "battle"—and the player with the higher card takes both of the cards played and moves them to their stack. Aces are high, and suits are ignored. [2]

2 If the two cards played are of equal value, then there is a "war". [2] Both players place the next three cards face down and then another card face-up. The owner of the higher face-up card wins the war and adds all the cards on the table to the bottom of their deck. If the face-up cards are again equal then the battle repeats with another set of face-down/up cards. This repeats until one player's face-up card is higher than their opponent's. [2]



T H A N K Y O U
4 B E I N G
M Y F R I E N D

