

ENCOUNTERS WITH BEAUTY

... Saturday May 12th 10 - 6

"Fill your paper with the breathings of your heart." Wordsworth

Encounters with beauty, invites you
To a full day of Eco -Contemplative Art at
Sacred Mountain Sanctuary

Come place your hands in the fluid language of painting and drawing,
remembering your place in the reciprocal, creative life-force of the
Natural world.

"We are touched by what we touch. We are shaped by what we shape. We are enhanced by what we enhance." Thomas Berry

Contemplative painting prepares the ground for authentic Art to happen, to unfold from you in depth. It shapes space for a profound sense of connection with the moment of being alive. Making Art in, and close to the Natural world reestablishes an age old kinship, rediscovering awe and wonder in your creative expression and in the exceptional quality of your own unique marks. Exploring shape, form, texture, layering with mixed media and drawing with the trees, we will wonder through our day making a enriching poetic exploration together.

Being in the beautiful setting of Sacred Mountain Sanctuary, we will apportion our time between working outside in the landscape and indoors in the studio. We will go to Nature for inspiration and practice as well as a pilgrimage to a holy well on the land. Sacred Mountain has a long and embroidered history and presence. It brims with beauty. As a sanctuary, the mountain has been lovingly protected and considered, this care, radiates through its landscape.

\$90 including all materials
A wholesome organic lunch is available for \$10

You can learn more about the sanctuary on their website at www.sacredmountainsanctuary.org

"Founded in 2010, Sacred Mountain Sanctuary is comprised of an educational environment for children and adults, a retreat/hermitage facility, biodynamic educational farm, hundreds of acres of conserved land, and neighboring residential community. Conveniently located only 13 miles from Asheville, the Sanctuary is surrounded by Pisgah National forest and the greater Hominy Valley."

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William Wordsworth

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At Sacred Mountain Sanctuary

in the mountains of Candler WNC, 30 minutes from Asheville

An invitation to **Eco - Contemplative Art Making** ,
with

Elizabeth Porritt Carrington

Saturday, May 12th from 10 - 6

\$90 ALL MATERIALS INCLUDED

+ AN ORGANIC WHOLESOME LUNCH \$10

For full details contact **Elizabeth 828 707 0623**

www.elizabethcarringtonart.com