



## I repent

Sun, May 17, 2020 at 9:13 PM

To: Gwendolyn C Skaggs <gwendolyncskaggs@gmail.com>

Hi, Gwendolyn,  
(Sorry about the delay. I read everything thoroughly, and am going to be thoughtful in my response.)

I take full responsibility for my trespasses. I repent my sins to you, and I'm improving. Let me tell you: I have a fully-functioning conscience; it's kicking my ass non-stop. I regret treating you that way. I will never engage in such behavior again. I vow to earn your forgiveness and your trust...if you give me 1/2 chance.

Not that the following is a valid excuse, but I was ignorant, baby. I'm not the monster described across those pages. Not once did I realize how badly I was hurting you. There were intense feelings involved. I had no training, no information, and a fuckup upbringing. I didn't even have effective language to describe what I was experiencing. As you say, I didn't know how to handle it. I'm sorry I came up short. I repent, and I'm improving.

Quite frankly, Gwendolyn, had we met at 15, you would've been the biggest force in my life from the very beginning; my last girlfriend; the most important element of my personal formation. I would've been as wonderful and amazing as you are. Full of grace. We would've been very happy today. Of that we can both be certain.

### regarding abusive partners

I promptly read all the links you send me. Some more than once. The deeper I delve, the more I learn. The more I change. The pain and embarrassment I feel as I read is medicine. I will continue to do all I can in order to become the man I want to be, the man you met that night. It's shaping up to be a **downhill** battle, because I go in with maximum remorse, full acceptance of my sins towards you, and maximum commitment to change, not just my behavior, but the very person I am inside. I'm working towards core change. My heart is going to shine.

You showed me nothing but love, affection, and protection. I responded with shameful behavior. It would serve no one for me to litigate each charge. I did you wrong...to you...the most beautiful thing in my life.

I am sure you know, there's constant, intense terror in my heart. Eating hurts. The little sleep I get is full of nightmares. I am really very sorry I've been that person with you, Gwendolyn, and I repent my sins to you.

You are the most beautiful thing I've ever seen...I see you mostly with my heart. There's never been anything fake, or manipulative about the way I feel about you, and you know that. No need to pile me up seamlessly with the rest of the losers. I was ignorant and ill-equipped, in the company of SO MUCH WOMAN!...and I didn't want to lose you. That's how I stumbled. I'm getting the education I need now.

As Ray Rice and Janay's story illustrates, **some of us do change. THE BIGGEST FACTOR IN SUCCESS IS THE DESIRE TO KEEP THE PERSON IN OUR LIFE.** I couldn't possibly want you more in my life. I couldn't possibly need you more to make me complete...on all levels...personal, professional, emotional. **If there's one man who will succeed in delivering the goods, that man is your truly.**

This day, I repent my sins to you, and I swear on my life, if you give me one last chance, I will never treat you poorly again. I will honor you and treat you with grace and true friendship.

I'm sorry.

i miss you.  
i love you.