Best art exhibits at local galleries this winter

Great art to see outside of the major museums.

THOMAS CONNORS

'ON GUARD'
Nov. 11-Dec. 2  |  Matthew Rachman Gallery

This group show was inspired by Maya Angelou's 1993 book, "Life Doesn't Frighten Me," illustrated with imagery by Jean-Michel Basquiat. Featuring work by Katya Bankowsky with Michele Lamy, Katya Bankowsky with Angelou, Zoe Buckman, Megan Euker, Kat Kay, Cheryl Pope and Marcela Torres, "On Guard" uses boxing as the springboard for examining strength, empowerment and standing up to all that life slings at us.