

PIERCING AFTERCARE

HOW DO I TAKE CARE OF MY NEW PIERCING?

- AFTER YOUR PIERCING, YOU WILL WANT TO WASH IT TWICE A DAY WITH **RECOVERY SALINE WASH**.
- USE A COTTON BALL OR Q-TIP WITH **RECOVERY SALINE WASH** TO CLEAN IT OR SOAK YOUR NEW PIERCING IN **RECOVERY SALINE WASH** FOR 5 MINUTES.
- ONCE YOU SEE CRUSTS (DRIED LYMPH) GENTLY REMOVE THEM BY SATURATING THEM WITH A **RECOVERY SALINE WASH** AND GENTLY WIPE THEM AWAY WITH A CLEAN COTTON PAD OR A Q-TIP.
- IF THE SKIN BECOMES DRY, OR A SMALL LUMP FORMS, MOISTURIZE IT WITH **RECOVERY TEA TREE OIL** RATHER THAN CREAMS, OILS, OR BALMS, WHICH COULD CLOG YOUR FISTULA, TRAPPING IN BACTERIA.
- USE **RECOVERY AFTERCARE SOAP** IF POSSIBLE OR UNSCENTED SOAP TO CLEAN YOUR HANDS BEFORE CLEANING YOUR NEW PIERCINGS. DO NOT TOUCH YOUR PIERCING WITH DIRTY HANDS.
- BE AWARE OF YOUR NEW PIERCING SO YOU DO NOT BUMP IT AND CAUSE IT STRESS.
- THERE IS NO NEED TO TWIST OR MOVE YOUR JEWELRY. IF YOUR JEWELRY WANTS TO MOVE, IT WILL DO SO ON ITS OWN.
- DO NOT SOAK OR SWIM WITH YOUR NEW PIERCING WHILE IT IS HEALING.

NOTE:

- STAGNANT WATER CAN HARBOUR BACTERIA WHICH CAN DAMAGE YOUR NEW PIERCING OR CAUSE AN INFECTION.
- STEAM FROM A SHOWER CAN BE VERY CLEANSING AND SOOTHING FOR YOUR PIERCING.
- NOT USING OUR PRODUCT OR NOT FOLLOWING OUR AFTERCARE INSTRUCTIONS IS NOT RECOMMENDED.



-----THANK YOU-----

PLEASE FEEL FREE TO CONTACT THE SHOP ON
FACEBOOK OR AT 306-662-6200 IF YOU HAVE ANY
QUESTIONS OR CONCERNS.