

Amy Adams AIS : Artist Statement 2025-2026



As an oil painter, my work is grounded in the pursuit of both technical mastery and an emotional resonance with light. I am drawn to the way light shapes and transforms the world around us—not just as an element of the environment, but as a dynamic force that defines form and depth. In my paintings I want to transcend the physicality of the subject itself, focusing on how it exists in space, how light reveals its essence.

My subject matter varies, ranging from florals and animals to intimate still-life setups in my studio. I enjoy painting in plein air as well. This balance between the unpredictability of nature and the controlled environment of the studio offers me the freedom to explore both the spontaneous and the considered. Whether I am painting outside amidst the living world or inside, observing simple objects in close proximity, I am always searching for that quiet moment of stillness where emotion and light converge.

I paint in the style of the Impressionists, utilizing color and value to create atmosphere and depth. Through my work, I invite the viewer to pause—whether it is a fleeting moment of tranquility or a deeper reflection. My connection to organic subjects, like flowers and animals, carries a quiet reverence for the beauty of the natural world. In each piece, I aim to evoke a subtle emotional response, a recognition of the transient beauty that exists in the everyday.