

# ArT RoCkS

august 2022

**kscarminach studio presents a quarterly newsletter tumbling with art inspiration, art invitations, and art conversation.**

**(if you see [message clipped](#) at the bottom of the newsletter please click on [view entire message](#); otherwise, you will not be able to see the entire newsletter)**



*Laughing Stones by Hirotoishi Ito*

<https://suzannelovellinc.com/b...>

Welcome to the ArT RoCkS quarterly newsletter! My intention is to establish an on-going ArT conversation that inspires, heals, and motivates you to reach for ArT as part of your non-negotiable self-care routine. I am always on the look out for the curious and adventurous. If you find something fascinating out there in the big W I D E world please share!

## ArT MuSiNgS

**New Work**



**Sing Me a Song Per Favore**

**22" x 22"**

**Acrylic & Mixed Media**

**Wood panel in a pine cradle frame**



**We're In This Together**

**22" x 22"**

**Acrylic & Mixed Media**

**Wood panel in a pine cradle fram**

## **ArT MuSiNgS**

**New Work cont.**



**The Elements Inside of Us**

**22" x 22"**

**Acrylic & Mixed Media**



**Like Mother Like Daughter**

**22" x 22"**

**Acrylic & Mixed Media**

## ArT MuSiNgS

New Work cont.



*Release*

36" x 36"

Acrylic & Mixed Media

Wood panel in a pine cradle frame



*Our Tender Way*

36" x 36"

Acrylic & Mixed Media

Wood panel in a pine cradle frame

## ArT MuSiNgS

New Work cont.



*The Sound of Energy*

22" x 22"

Acrylic & Mixed Media

Wood panel in a pine cradle frame



*Dancing to the Rings*

8 1/2" x 5 1/2"

Acrylic & Mixed Media

Pine Box Frame

## ArT MuSiNgS

New Work cont.



**Seeking Santurary**

22" x 22"

Acrylic & Mixed Media

Wood panel in a pine cradle frame

**Inspiration**

12" x 12"

Acrylic & Mixed Media

Wood panel in a pine cradle frame

## ArT MuSiNgS

**New Work cont.**



**Truth Teller**

22" x 22"

Acrylic & Mixed Media

Wood panel in a pine cradle frame



**Fragile Surroundings**

12" x 12"

Acrylic & Mixed Media

Wood panel in a pine cradle frame

## ArT MuSiNgS

**New Work cont.**



**Sarah's Dog Quilt**

**60" x 48"**



**Stephanie's Heart Quilt**

**50" x 40"**

## Artist Life

[kscarminachstudio.com](http://kscarminachstudio.com)

*"There is a vitality, a life force, a quickening that is translated through you into action, and there is only one of you in all time. This expression is unique, and if you block it, it will never exist through any other medium; and be lost. The world will not have it. It is not your business to determine how good it is, not how it compares with other expression. It is your business to keep it yours clearly and directly, to keep the channel open. You do not even have to believe in yourself or your work. You have to keep open and aware directly to the urges that motivate you. Keep the channel open. No artist is pleased. There is no satisfaction whatever at any time. There is only a queer, divine dissatisfaction, a blessed unrest that keeps us marching and makes us more alive than the others."*

**Martha Graham**

I've turned to this quote at different periods in my life. I remember the first time I read it. It was the early 80's and I was taking a dance history course at UCSB. That was a little over 40 years ago and it still brings me to my knees. I remain in awe of the the power of finding your voice through the arts. To this I yield and surrender.

I started going through some of my older work recently and took a sander to it and lifted the paint to not surprisingly reveal other paintings beneath. I work in layers and each layer has its own tale to tell. Most often it has to do with me judging myself in one form or another. I take it to heart when Graham says "It is not your business to determine how good it is. It is your business to keep it yours and keep it open to the urges that motivate you."

On another note, some exciting news now and ahead. First, I sold 3 paintings from Gallery Los Olivos. There were all purchased by one collector. It can happen just like that. It is not the money that brings me satisfaction, but the knowing that my work is hanging where it will be loved and appreciated.

I will also be having two solo shows next year in 2023. Yikes, did I just say that? My stomach just did a slight flip. In March I will have my work displayed in the East Wing Gallery of the Faulkner Gallery at the Santa Barbara Public Library. In May and June I will be at Elsie's Tavern on De la Guerra Street in Santa Barbara. I've got some time, but I already feel anxious. I will keep you all posted. Would love to see everybody at one or the other or both!

I will be taking a hiatus for a few months as I am going back to Italy and will be there for September and October. I will be making work there, as well as going to Italian school, shopping at the open markets, cooking, eating, drinking, will attend the Venice Biennale, and believe it or not, we will be playing pickleball.

Lastly, under "New Work" above you will see two quilts. One for each of my daughters. I had saved their clothing from their childhood and teenage years and turned their favorite pieces into a quilt for them. It was a real labor of love. Each piece held so many memories. I could picture them in the dresses, the bathing suits, the jean shorts. I included pockets and buttons from my maternity clothes and their well-loved baby blankets. Such a rush of emotion and the heart is amazing how it can remember not just where and when they wore the article of clothing, but the smell, the swelling of love inside of me, and the joy of motherhood. Tears fall from my eyes as I write this.

My next project is going back to painting LARGE. I've got some 36" x 36" panels that will have to wait for me until i return from Italia.

## **What's New Out There in the Art World**

**My First Solo Exhibition, Books, Films, Stone Clouds, Talking Hands, the Love Bus, and, of course, our Local Gem!**



Inside Elsie's Tavern

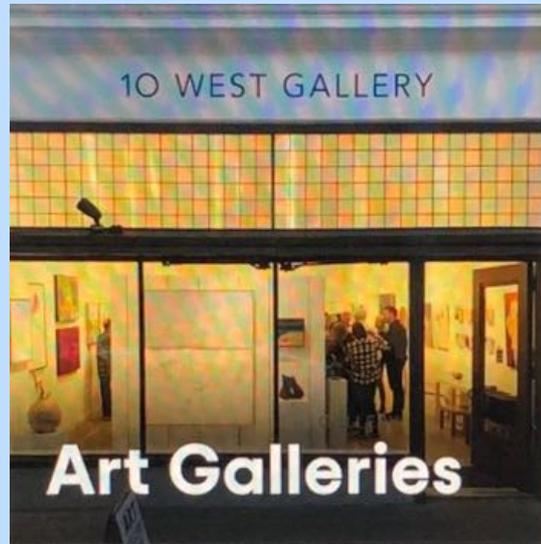
## I'm here in May and June 2023

This is Elsie's Tavern. It's open from 7:30 am until 2:00 am. You could say it's a dive bar. If you have never heard that term here is a loose definition:

"A dive bar is an informal bar or pub. Such bars are sometimes referred to as neighborhood bars, where local residents gather to drink and socialize. Some dive bars may be considered to be disreputable, sinister, or even a detriment to the community."

Well, Elsie's is just a great funky sometimes grimy kinda bar that also serves cereal in those little boxes that you cut open. Maybe your mom bought them for you when you were little when your family went camping. Anyway, my work will be adorning the walls and we will have a party slash reception with appetizers and drinks. Learn more about Elsie's here.

<https://newspress.com/the-world...>

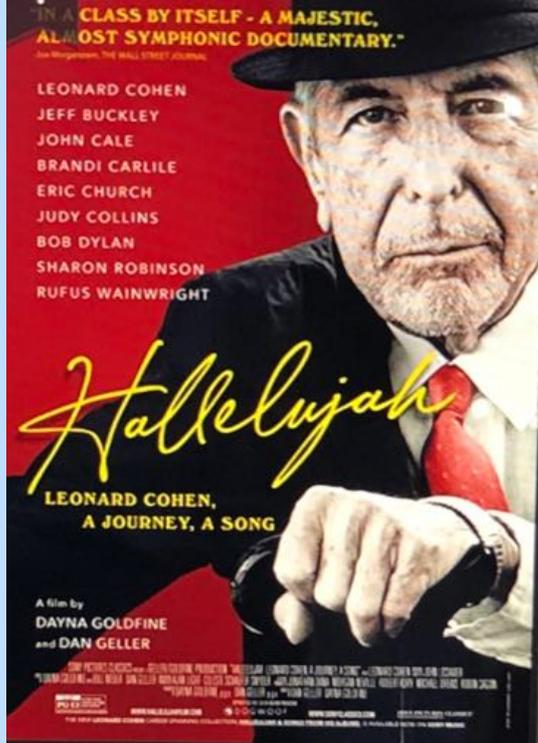


Best Santa Barbara Gallery

## 10 West Gallery

I know everyone talks about Sullivan Goss as the darling of Santa Barbara's art scene, but I personally think 10 West Gallery has the best contemporary and cutting-edge work in town. I would be honored to be part of this gallery and I hope some day that I will be. I can't say enough about Jan Ziegler who runs the gallery and is one of the founding members. Actually, I think it was all her idea! Not only is she an artist herself, but she is creative, organized, kind, and willing to do what she can to assist you on your artist journey. Stop by there just to meet her, and of course, to admire the art!

<https://www.10westgallery.com/>



Leonard Cohen

## Hallelujah

I've loved folk singer Leonard Cohen since I was a teenager. He's a sorta Canadian Bob Dylan. But, when I heard the song *Hallelujah* in the movie *Shrek* I had to ask myself, how did this song become so integrated into the fabric of American history that it would be included in a children's animated film? To find out go see the documentary "Hallelujah". It is at the Santa Barbara Riviera Theater and I am certain it will be streaming soon.

<https://www.imdb.com/title/tt7>.

..



Cloud Sculpture

## Gabriele Picco

If you know anything about me, it is that I have a fascination/obsession with the Fiat 500 otherwise known as the Cinquecento. I own one and I seek them out in any form, hence the artwork, "Cloud Sculpture" by Italian artist Gabriele Picco. It is a cloud shaped installation made from fiberglass, concrete and rope sitting a top an authentic Fiat 500, although I don't know what year I am sure it is an old one. I've got a 2019 in bird's egg blue, but long for one of those classics from the 60's with a picnic basket hitched to the trunk. Maybe some day ...

<https://gabrielepizzo.com/>



Richard's Hands

### Alice Neel

As is with most starving artists unable to afford models, they paint themselves or they paint their family and friends. This was the case with American portrait artist Alice Neel who had a retrospective at the De Young Museum in San Francisco. Long over now, I was most captivated by the hands and feet of her sitters. These are the young hands of her son Richard which read to me as anxious and could be the hands of a much older person. He was all of 11 years old.

I like this quote of hers from the biography Alice Neel: The Art of Not Sitting Pretty, "You know what it takes to be an artist? Hypersensitivity and the will to never get up." That sounds about right to me.



San Francisco Love Bus

### Love Tour

Whenever I visit a new place I Google "weird or wild or curious or cool or hidden or non-touristy things to do in fill in the blank with the city". That is how I stumbled upon the Love Tour. Yep straight out of the hippie vibe of the 60's we saw where Jimi Hendrix lived and all the historic hodgepodge remnants of the counter culture movement in San Francisco at the time. Equally as entertaining as the Haight-Ashbury District was our guide Alfred. Highly recommend him and all the memories he shares as a born and raised San Francisco local.

Also gorged myself on the great food of these fabulous restaurants:

Tartine Manufactory

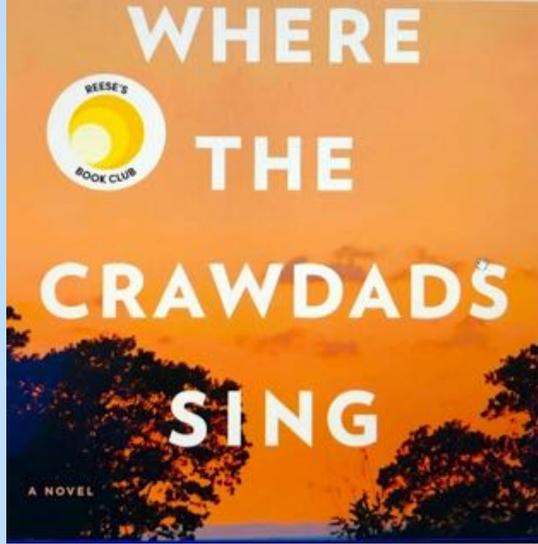
Zuni

Greens

Cotogna

Roka Akor

<https://sanfranciscolovetours...>



## Where The Crawdads Sing

I read the book and saw the movie and will leave you to make your own decisions.

Here is a review of the book:

<https://www.nytimes.com/2019/1...>

By the way, there is a bit of controversy surrounding the author Delia Owens. The stuff murder mysteries are made of. Intrigued? Read more here:

<https://www.vanityfair.com/hol..>

;



Saint Bibiana

## Local Gem

There's a new pizza place in town. I know, I know, another one? Like a new Mexican restaurant you say, but honestly this pizza place puts Bettina's (you have to make a reservation weeks in advance) to shame.

Humble with what they say the smallest pizza oven in town, Saint Bibiana has great salads, outdoor seating, good wine and one of the freshest crusts I've ever tasted on a pizza. Yes, better than Bettina. Surprisingly my fav is the lemon mushroom pizza. Lemon on a pizza?!\$%!! I get it, you're appalled, but try it out. You will be begging for more.

[Saint Bibiana Pizza website](#)

[Review of Saint Bibiana](#)

**If this newsletter was forwarded to you and you've made it this far please subscribe at <https://landing.mailerlite.com...>**

**I'll send you a handmade thank you card if you email me your address. I'm at [kmscarminach@gmail.com](mailto:kmscarminach@gmail.com)**

Thank you for being part of ArT RoCks! I truly appreciate it.

Ciao!

[kscarminachstudio.com](http://kscarminachstudio.com)

[instagram.com/kscarminachstudio](https://www.instagram.com/kscarminachstudio)

[facebook.com/kscarminachstudio](https://www.facebook.com/kscarminachstudio)



The conversation has officially started. Feel free to write me if you would like to chat further.

✉ [kmscarminach@gmail.com](mailto:kmscarminach@gmail.com)

kathi

**kscarminach studio**

[http://facebook.com/kscarminach...](http://facebook.com/kscarminach)

[http://instagram.com/kscarmina...](http://instagram.com/kscarminach)



You received this email because you signed up on our website or made a purchase from us.

[Unsubscribe](#)

