

Kathryn Wingard

Salt Lake City, UT

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kathrynwingard.com

Education

- 2017- Current** **University of Utah, MFA (expected 2019)**, Salt Lake City, UT
Studio Art/Ceramics
- 2016** **Mount Mary University, MS Art Therapy with Counseling Concentration**, Milwaukee, WI
Thesis: *The Influence of an Art Therapist's Non-Native Tongue on the Therapeutic Relationship*
(Advisor: Lynn Kapitan Ph.D.)
- 2010** **University of Colorado at Boulder, Graduate Coursework** Boulder, CO
Fine Arts 3D/ Concentration Ceramics
- 2008** **Massachusetts College of Art and Design, BFA**
Fine Arts 3D /Concentration Ceramics

Credentials

Registered Art Therapist, Provisional (ATR-P, Certification #17-227)
Associate Clinical Mental Health Counselor (ACMHC, License #10178806-6009)

Teaching Experience

University of Utah

- 2018** **Instructor of Record.** Fall 2018. Course FA3801, Visual Arts & Health, University of Utah, Salt Lake City, UT
- Responsible for developing and teaching combined studio/seminar class focused on visual arts and mental health, introducing concepts related to cognitive and psychological elements involved in engagement with visual arts, with a recurrent subtheme of relationships and empathy.
- Teaching Assistant.** Spring 2018. Instructor: Brian Snapp. Course: Art 3260, Ceramic Surfaces, University of Utah, Salt Lake City, UT
- Responsible for assisting students in technical skills related to ceramic surface design, facilitating constructive dialogue related to class topics, presenting demonstrations of techniques for ceramic surface design, assisting Professor Brian Snapp with documenting resources for student use.
- 2017** **Teaching Assistant.** Fall 2017. Instructor: Maureen O'Hara Ure. Course: ART 2400, First Year Students Visual Language, University of Utah, Salt Lake City, UT
- Responsible for filing class notes, presentations, and reviews so they may be accessible to students, administering and grading tests.

Massachusetts College of Art and Design

- 2008 **Teaching Assistant.** Spring 2008. Instructor: Ben Ryterband. Course: Multiples, Sets and Editions/ Ceramic Mold Making, Massachusetts College of Art and Design, Boston, MA
- 2006 **Ceramics Workshop Assistant.** Friends of The College Workshop, Massachusetts College of Art and Design, Boston, MA

Red Brick Arts Center

- 2006 **Ceramics Workshop Instructor.** Intro to Ceramics. Red Brick Arts Center, Beverly, MA
- Ceramics Workshop Instructor.** Holiday Tableware, Red Brick Arts Center, Beverly, MA

Presentations

- 2018 **Invited Poster Session.** “Art and Intersubjective Space Across Cultures and Generations”. *Creative EngAGEment Through the Arts*, Center on Aging 12th Annual Research Retreat, University of Utah, Salt Lake City, UT
- Invited Research Presentation.** “Art and Intersubjective Space Across Cultures and Generations”. *Creative EngAGEment Through the Arts*, Center on Aging 12th Annual Research Retreat, University of Utah, Salt Lake City, UT
- Invited Research Presentation.** “Transpacific Visuality in Japanese American Buddhism”. ARTH 4070, Asian American Visual Culture class, Professor Winston Kyan, Ph.D., University of Utah, Salt Lake City, UT
- Invited Artist Lecture.** “Evolutionary Basis for Art”. ART 3200, History of Ceramics class, University of Utah, Salt Lake City, UT
- 2017 **Invited Artist Lecture.** “Art Therapy”. ART 4590, Art Teaching Senior Seminar class, Professor Sandy Brunvand, University of Utah, Salt Lake City, UT
- Public Speaker.** “Creating Images When Words Fail”. *Making Sense of Alzheimer’s Conference*, Alzheimer’s Association, Salt Lake City, UT
- 2016 **Research Presentation.** “The Influence of an Art Therapist’s Non-Native Tongue on the Therapeutic Relationship”. Thesis Presentation. Mount Mary University, Milwaukee, WI
- 2015 **Symposium Workshop Co-Presenter with Claire Holman.** “Give, Receive, Release: Dialogue Through Solely Visual Response Art”. *Stitch By Stitch*, Spring Art Therapy Symposium, Mount Mary University, Milwaukee, WI

International Exhibitions

- 2017 *As We May Think.* Curated by Di Xiao Wei. Yi Tong Bai Tong Gallery, Shanghai, China
- 2015 *Writing Portraits.* Curated by Zhang Bo. 33 Contemporary Art Museum, Guo Zhou, China
- 2014 *Identity.* Artnauts Collective. University of the Andes, Bogota, Colombia
- 2008 *The Tile Project.* Trans Cultural Exchange. KU Art Center, Beijing, China

Group Exhibitions

- 2018** *Collectivity*. Curated by Daisy McGowan. Galleries of Contemporary Art, University of Colorado, Colorado Springs, CO
Beset on All Sides. Curated by Daisy McGowan, Lana Duong, and David Spanbock. Galleries of Contemporary Art, University of Colorado, Colorado Springs, CO
Yeah Maybe #29. Curated by Nicole Soukup. Yeah Maybe Gallery, Minneapolis, MN
MFA Interim Show. Gittins Gallery, University of Utah, Salt Lake City, UT
- 2017** *First Date*. Edward J. & Helen Jane Morrison Gallery, University of Minnesota, Morris, MN
Together With. Curated by Kate Mothes. The Bubbler Gallery, Madison, WI
Globalocation. Artnauts Collective. Marriott Library, University of Utah. Salt Lake City, Utah
- 2015** *Eclectic Traditions*. Curated by Ben Ryterband. Attleboro Art Museum (NCECA), Attleboro, MA
The Longest Distance Between Two Places. Hyperlink Gallery, Chicago, IL
- 2014** *React, Reshape, Alter, Affect*. Hyperlink Gallery, Chicago, IL
Couple Things. Hyperlink Gallery, Chicago, IL
Minute Musings. Juried by Madeline Henry and Jessica Segal. Union Street Gallery, Chicago Heights, IL
- 2013** *A Theory of Function*. Curated by Andrw Haley. Showpen Residency, Denver, CO
- 2010** *Canvass*. University of Colorado at Boulder Front Gallery, Boulder, CO
Dry Cleaner's Daughter. PauKune Wanner Art Haus, Severance, CO
Multicultural Art Exhibition. Aims Community College Student Art Gallery, Greeley, CO
- 2009** *Annual Winter Show*. PauKune Wanner Art Haus, Severance, CO
Holiday Show. Northern Colorado Potter's Guild, Fort Collins, CO
- 2008** *All School Show/ Ceramics*. President's Gallery. Massachusetts College of Art and Design, Boston, MA
Senior Show. Paine Gallery. Massachusetts College of Art and Design, Boston, MA
Senior Showcase. Case Gallery. Massachusetts College of Art and Design, Boston, MA
- 2007** *All School Show/ Ceramics*. Student Life Gallery. Massachusetts College of Art and Design, Boston, MA
Eruption. Tower Gallery. Massachusetts College of Art and Design, Boston, MA
Divorcing Nature. Curator. Student Life Gallery. Massachusetts College of Art and Design, Boston, MA
- 2006** *All School Show/ Ceramics*. Student Life Gallery. Massachusetts College of Art and Design, Boston, MA
Whimsical. Red Brick Arts Center, Beverly, MA
- 2005** *Annual Juried Visual Arts Student Exhibition*. Visual Arts Center Gallery. San Antonio College, San Antonio, TX

Awards

- 2018** University Teaching Assistantship Fellowship, University of Utah (\$18,500)
- 2016** 1st 2016 ArtSlant Prize Showcase Winner, Drawing

2nd 2016 ArtSlant Prize Showcase Winner, Drawing

2008 Massachusetts College of Art and Design, All School Show Award

Massachusetts College of Art and Design, Pat Doran Haystack Scholarship Award

Massachusetts College of Art and Design, Ceramics Department Cash Award

Haystack School of Craft Summer Scholarship. From Massachusetts College of Art and Design, Haystack School of Craft, Deer Isle, ME

2007 Massachusetts College of Art and Design, Ceramics Department Book Award

2006 Massachusetts College of Art and Design, Ceramics Department Book Award

Related Fine Arts Professional Experience

2017 – Current **Member.** Arts In Health Innovation Lab, University of Utah, Salt Lake City, UT

-The Arts-in-Health Innovation Lab at the University of Utah is a catalyst of interdisciplinary research, teaching, clinical care, and community engagement at the intersection of the arts and health.

2016 – Current **Website Administrator.** Artnauts Artist Collective.

-Responsible for website maintenance including regular posting for calls for art, updating artist profiles, Artnauts Artist Collective exhibition history and publications.

2014 – Current **Member.** Artnauts Artist Collective

-The Artnauts is an artist collective that uses the visual arts as a tool for addressing global issues while connecting with artists from around the world.

2013 – Current **Member.** Hyperlink Artist Collective

-Hyperlink is a nebulous collective of artists who select cities across the nation to physically enact the way the internet has shaped our experience as artists.

2015 **Curator.** *MCFI*. Milwaukee Museum of Art, Milwaukee, WI

Co-Curator with Casey Whittier. *Tangles & Tangents*. Zhou B Art Center, Chicago, IL

Curator. *React, Reshape, Alter, Affect*. Hyperlink Gallery, Chicago, IL

2013 – 2015 **Co-Director.** Hyperlink Gallery, Chicago, IL, Denver, CO

-Responsible for organizing exhibitions, curating shows, installation, and direct contact with participating artists and curators

2013 **Artist Residency.** Showpen, Denver, CO

- 2010** **Kiln Manager.** University of Colorado at Boulder, Boulder, CO
- Responsible for University of Colorado at Boulder kiln room including scheduling undergraduate, graduate, and faculty kiln firing, kiln maintenance and repairs, updating and improving workability of communal workspace in kiln room.
- 2009 - 2010** **Art Commissioner.** Greeley Arts Commission, Greeley, CO
- Board member appointed by Greeley City Council to administer the provisions of the Public Art Ordinance relating to the acquisition of works of art and their display.
- Artist Residency.** PauKune Wanner Art Haus, Severance, CO
- 2008** **Studio Technician.** Supervisor: Tom Gothers, Massachusetts College of Art and Design, Boston, MA
- Assisted in maintaining kiln yard and glaze room.
- 2007** **Volunteer.** Haystack Mountain School of Crafts, Deer Isle, ME
- Assisted Haystack Mountain School of Crafts with spring cleanup and preparation for summer session.

Art Therapy Professional Experience

- 2016 – Current** **Art Therapist.** 5 West - University of Utah Hospital, Salt Lake City, UT
- Lead group art therapy sessions for adults in adult inpatient psychiatric unit for the chronically mentally ill who often have medical complications as well
 - Use of dialectical behavior therapy based art therapy for group sessions
 - Facilitate use of mindfulness based art therapy interventions
 - Continued use of acceptance and commitment therapy through use of art therapy interventions and psychoeducation
 - Direct First Step Series art intervention for clients in addiction rehabilitation
 - Conduct expressive therapies patient intake assessment with individual clients
 - Assess and document client treatment reviews and discharge summary
- 2016 – Current** **Art Therapist.** University of Utah Neuropsychiatric Hospital, Salt Lake City, UT
- Lead group art therapy sessions for multiple units including children, younger adolescents, older adolescents, addictions recovery, crisis, general psychiatric unit
 - Use of dialectical behavior therapy based art therapy interventions with residents at an inpatient psychiatric hospital
 - Facilitate use of mindfulness based art therapy interventions with residents at an inpatient psychiatric hospital

- Continued use of acceptance and commitment therapy through use of art therapy interventions and psychoeducation
- Direct First Step Series art intervention for clients in addiction rehabilitation
- Utilize Joint Painting Procedure with children and parents during family therapy session
- Conduct expressive therapies patient intake assessment with individual clients
- Assess and document client treatment reviews and discharge summary

2016 **Art Therapist.** Salt Lake Behavioral Health, Salt Lake City, UT

- Use of solution focused therapy based art therapy interventions with residents at an inpatient psychiatric hospital
- Lead group art therapy sessions for multiple units including addictions unit, crisis unit, geriatric unit, veterans unit, general psychiatric unit
- Direct First Step Series art intervention for clients in addiction rehabilitation
- Conduct expressive therapies patient intake assessment with individual clients

2015 **Art Therapy Facilitator, Internship.** Wellspring of Milwaukee, Milwaukee, WI

- Lead and assisted group art therapy sessions as well as one-on-one art therapy sessions for residents of a healthcare facility.
- Conducted adjunct interventions such as story writing, expressive painting, and group singing for a variety of clients with medical disorders, cognitive disabilities, and psychotic symptoms
- One-on-one art therapy sessions with monolingual Spanish speaking clients

Art Therapy Facilitator, Internship. Milwaukee Center For Independence, Milwaukee, WI

- Individual art therapy sessions and group art therapy sessions for individuals with intellectual and developmental disabilities
- Post-acute rehabilitation assessment of Acquired Brain Injury and Traumatic Brain Injury clients as well as art therapy assessments such as Face Stimulus Assessment and Joint Painting Procedure
- Provided dialectical behavior therapy interventions in social skills group for adults with developmental disabilities ages 21-60
- Utilized Face Stimulus Assessment and Joint Painting Procedure with clients with brain injuries
- Focused on body language, environment, and visual cues with nonverbal children ages 5-18 with intense medical needs and developmental disabilities
- Continued use of acceptance and commitment therapy through use of art therapy interventions and psychoeducation

- Facilitated translation for family and staff as well as counseling sessions with monolingual Spanish speaking clients

Media Exposure & Research

- 2016** **Studio Visit Magazine, vol. 31.** Published by Open Studio Press, pg. 192
<http://studiovisitmagazine.com/volume-thirty-one-participants>
- Master of Science Art Therapy Thesis.** “The Influence of an Art Therapist’s Non-Native Tongue on the Therapeutic Relationship”, Unpublished Thesis Research, Mount Mary University
- 2015** **Writing Portraits Exhibition Catalogue.** Published by 33 Art Gallery, pg. 74-81
- 2014** **365 Days 365 Artists Interview.** <https://365artists365days.com/2014/05/06/kathryn-wingard-milwaukee-wisconsin/>
- 2013** **Musing About Mud.** “Emerging Artist: Kathryn Wingard”
<https://www.musingaboutmud.com/2013/04/28/emerging-artist-kathryn-wingard/>
- 2008** **ArtScope November/December Issue.** “Year In Review Centerfold Contest Outtakes”
- NCECA. “Ceramic Criticism Critical Challenge”

Professional Affiliations

Utah Art Therapy Association

American Art Therapy Association

National Council on Education for the Ceramic Arts

References

Professor Brian Snapp
Area Head Ceramics
University of Utah
b.snapp@utah.edu

Professor Beth Krensky
Area Head Art Teaching
University of Utah
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Professor Ben Ryterband
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Massachusetts College of Art and Design
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