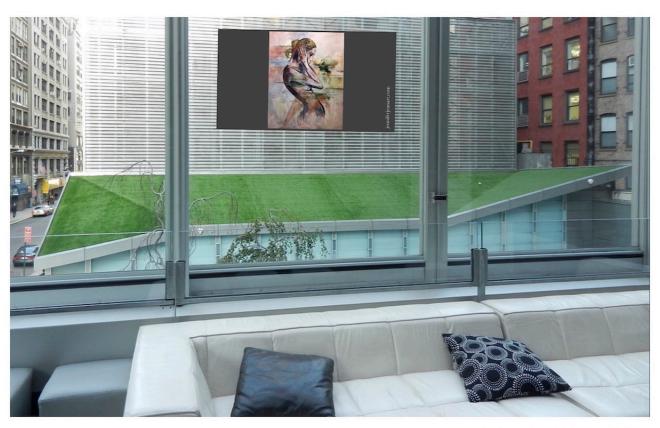
Big Screen Plaza Collaboration, Manhattan



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WELL-BEING WISDOM WONDER PURPOSE SLEEP SPECIAL SECTIONS COMMUNITY Q

COMMUNITY // February 25, 2020

Jennifer Jean Shares Insights On How To Overcome Challenges As An Artist

By listening to yourself, you are never limited. It is your vision!

By Somtolke, Copywriter



Jennifer Jean grew up in Philadelphia and has been creating art for over 15 years. She attended Syracuse University and received her MFA from Boston University. She is an artist who uses art to speak conceptually and emotionally through color and texture.

In this article, Jennifer Jean shares insights on overcoming challenges as an artist. She also shares insight on how to avoid burnout, main tips for building a successful habit, and how to stay motivated.

1. What was the biggest challenge you faced as an artist and how did you overcome it?

Relieving that Lam an artis

"You don't decide to be an artist," the 104-year-old Cuban-American painter Carmen Herrera has said, "Art gets inside of you. It's like falling in love." This is why! chose Syracuse University instead of Moore Cholege of Art and Design where If first experienced that feeling and accepted myself as an Artist. It eased my Asian heritage knowing I had an infinite opportunity at SU with its 13 schools and colleges in one. As a child of Asian and Caucasian parents, my 2D artwork is a reflection of what beautiful and sometimes misconceved in both cituities.

2. How do you avoid burnout and a stressful day?

I have a couple of ways of avoiding burnout and stress. The major ways in which I avoid stress is by going on a long walk or going on a run. And when I'm not doing something physically tasking, I put myself to sleep as a form of meditation.

3. What are your main tips for building a successful habit?

Work every day on some projects. If you are not working then you are not inspiring, not growing and not producing. Be inspired by your own life! Through language and your travel experiences and by the written word.

virtual art auction to benefit mental health

Saturday, October 24th, 6pm - 7pm EST 3pm - 4pm PST



Join us for an evening of art, culinary delights and music.

the brookline center for COMMUNITY MENTAL HEALTH

The Brookline Center for Community Mental Health provides outstanding, affordable mental health care and community-based social services to help individuals and families lead healthier, safer lives while building the strongest community possible.

In collaboration with <u>Réal Andrews</u>, an Emmy Award Winning Actor, <u>One Mind</u> and <u>Brookline Center</u>, this highly anticipated event will bring together world-renowned visual artists, leading scientists and thousands of mental health research supporters.

Guests will tune in from the comfort of their homes to enjoy a spectacular chef presentation from <u>Helen Rennie</u>, watch exquisite artist demos and talks, hear doctors and researchers discuss their latest projects, and participate in a live auction of some incredible works of art.

Important conversations will take place, gorgeous artwork will find new homes and thousands of dollars will be raised to benefit such a timely cause amidst a mind-crushing pandemic.

Artists: An amazing opportunity to gain visibility amongst collectors all around US, to see your pieces grace new homes, outside of your regular circles, and to give back and feel good about your powerful role in this world, your calling to bring beauty and to help people ground in this time of acute need. Email us to submit donations

Collectors: We invite you to gather in small groups, have a lovely meal and watch our LIVE stream gala. Please buy tickets to attend and to support our amazing charities dedicated to the cause of mental health awareness both locally and nationally. Reserve a seat.

Accepting Artist/Gallery Donations Looking forward towards Corporate Sponsorships and Private Benefactors Thank you to our promotional sponsor: <u>Unbound Visual Arts</u>

Please email <u>info@invokecontemporary.com</u> with any inquiries and to submit artwork donations

One Mind is a lived-experience-led nonprofit focused on helping people with brain illness and injury to recover so that they can succeed in their lives. To achieve our vision of Accelerating Brain Health for All, we catalyze comprehensive action, working from science, to patient, to society.

One Mind accelerates collaborative research and advocacy to enable all individuals with brain health conditions to build healthy, productive lives.



Exploring the Gallery of Jenny Jean

BY ASHLEIGH S. WILKERSON | MARCH 8, 2021

As with many aspects in life, in regards to artwork of Jennifer Jean it is of great significance to understand the past, in order to consider and artistically create the future.

"As practicing artists," said Jean. "We are in tune with the activity of those both past and present, who push the envelope to the maximum of what is defined as art."

Jean started her relationship with art at 16. She said that she was encouraged by a commercial artist during her junior year of high school. He helped her apply for a scholarship to take classes at a local college. From there she grew persistent with perfecting her craft. She sketched any person that she could get her hands on. She was engaged in murals, and thoroughly enjoyed the armor room at The Philadelphia Museum of Art.

"I spent many hours exploring the 1300 Chestnut Street murals," said Jean. "In addition, I sketched anyone who would let me."





JENNIFER JEAN OKUMURA

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@jennyjean25

'STRENGTH, HONOR [LEAD BY] LOVE'

SWIPE UP TO READ JENNY JEAN'S INSPIRATION BEHIND HER NEW SERIES









ARTIST TALK MAGAZINE





THINKING OUT LOUD, MASSACHUSETTS STATE SENATE (HANGING IN STATE SENATOR WILL BROWNSBERGER OFFICE)

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Philadelphia and has been creating art for over 15 years, I attended Syracuse University and received my MFA from Boston University. Art and being an artist are therapy Art and being an artist are therapy psychologically and spiritually. My NOW reflection with all the statement of the statement

In my work, I am frequently exploring the relationship among humans, nature, and objects. I think of art as an objective homage to my Eastern and Western traditions and to the raw architecture and sounds of the city many hours exploring the 1300 Chestrust Street murals, sketching at the Rodin Museum, and sitting(draining in the Arms and

Armor room at the Philadelphia Museum of Art. In addition, I sketched anyone who would let me and sometimes people I saw at a distance of still remember the glares and fingers of unwilling sobjects), adding conflict, balance, and harmory to shape my work's form and energy in my constant search for new noise and passion.



GIRL IN THE TREES

"Provocative in a decrease way" is a reflection of what is beautiful and sometimes misconceived in our cultures. With no end in sight, my 2-D and 3-D images are an infirmate moment between the viewer and artist in captivating intrigue. My nevest series Knott of the mend explores the regular mind, complicated by lown, hunger, power, doubt. Knotb bind - like an embrace? As a restrain? Tirested starmof of thought and feeling in our out. Should we leap or remain.



BRISE DE



WhereBoston 2019 Cover



JENNIFER JEAN OKUMURA

SoWa Art & Design District STUDIO STE # 202 VIEW, INQUIRE, OWN....below





























Featured in American Art Review (Vol. XXVII No. 5) Oct. 2015, pg. 80 – top left image

