ARTIST. ART THERAPIST. ART EDUCATOR.



CONTACT

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EDUCATION

Masters of Science

Art Therapy

Mount Mary University Milwaukee, WI 2009-2011

Bachelors of Science

Broad Area Art, Psychology minor

UW-River Falls River Falls, WI 2003-2008

PRESENT POSITIONS

UW-RIVER FALLS

- Lecturer of Art 2011-Present
- Violence Prevention Coordinator
 2020-Present
- Art Therapist, Student Health and Counseling Services

2013-Present

SELECTED EXPERIENCE

2022

- Guest Artist and Workshop Facilitator, Art Therapy Graduate Program, St. Mary-of-the-Woods College, Indiana
- Workshop Facilitator, 'Cultivating Creativity with Mixed Media Collage', Pocosin Arts School of Fine Craft, Columbia, North Carolina

2021

- Solo Show, 'Observe and Report: Evidence of the Day-By-Day', Chestnut Center for the Arts, Marshfield, WI
- Judge, Art on the Kinni, River Falls, WI
- Featured Artist, Art Dose Magazine Weekly, September 12th, 2021
- Featured Artist, Wilder Collage, wildercollage.com
- Guest Artist and Workshop Facilitator, Concordia University, Montreal

2020

- Workshop Facilitator, Northern Clay Center, Minneapolis, MN
- Guest Artist and Juror, St. Olaf College, Northfield, MN
- Guest Artist and Speaker, Augsburg University, Minneapolis, MN
- Workshop Facilitator, The National Voice of Domestic Violence, Denver, CO

2019

- Author, Feminism, Intersectionality, Inclusiveness and Critical Pedagogy, NCECA Journal, Vol. 40
- Podcast Guest, College Art Association of America, "Work-Life Balance"

2018

- Participant, Ekphrastic 3, SooVac Gallery, Minneapolis, MN
- Group Exhibition, Artist Identity, Elle Studios, Milwaukee, WI
- Juror and Reviewer, Visual Arts Classic, UW-Madison, Madison, WI
- Guest Artist and Presenter, Gallery 96, Shoreview, MN
- Juror, Wisconsin Regional Art Exhibit and Workshop, River Falls, WI
- Workshop Facilitator, Ellsworth WI High School Teacher In-Service

2017

- Group Exhibition, Hudson Hospital, Hudson, WI
- Group Exhibition, Bernice Ficek-Swenson Retrospective, UWRF
- Participant, Ekphrastic 2.0, SooVac Gallery, Minneapolis, MN
- Solo Exhibition, Untranslatable, Westfield Hospital, New Richmond, WI
- Artist Residency, BreckCreate, Breckenridge, CO
- Commission, River Falls Utility Box Beautification Project, River Falls, WI
- Juried Exhibition, 2nd Place Winner, ArtsWest 38, Eau Claire, WI

2016

- Duo Exhibition, with Brittany Polzin, Breakaway Arts, Hastings, MN
- Judge, Art on the Kinni, River Falls, WI
- Juried Exhibition, National Parks: Personal Perspective, The Phipps Center for the Arts, Hudson, WI

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TEACHING AND EDUCATIONAL SUPPORT EXPERIENCE

UW - RIVER FALLS

Courses

- ART 100 Introduction to Visual Art
- CAS 101 FYA: The Power of Doodling, Drawing, and Design*
- HON 190 Honors Seminar*
- ART 121 2D Design Foundations
- ART 131 Drawing I
- ART 131 Drawing II
- *denotes past course either no longer offered or a part of department

- ART 330 Studio Drawing*
- ART 292 Introduction to Art Therapy
- ART 485 Senior Art Seminar
- ART 289 Special Topics
- HON 497 Senior Honors Seminar*
- ART 499 Independent Study

Academic and University Service

- 2021-Present Member of the Center for Teaching and Learning Advisory Board
- 2019-2022 Elected Member of the Academic Staff Council
- 2015-Present Women and Gender Studies Curriculum Committee
- 2015-2020 College of Arts and Sciences First Year Teaching Fellow
- 2014-Present Faculty Advisor for the Art Therapy Club
- 2011-Present BFA Thesis Review Committee

NON-ACADEMIC POSITIONS AT UW - RIVER FALLS

Violence Prevention Coordinator

2020-Present

- Roles and responsibilities include, but are not limited to: Planning, implementing and evaluating theory and evidence-informed education and programing to promote healthy relationships and prevent sexual and intimate partner violence, gender-based violence, stalking and hazing.
- Collaboration with various offices and departments across campus
- Confidential resource for students, faculty and staff

Assistant Director of Undergraduate Research, Scholarly, and Creative Activities (URSCA) January 2020 - December 2021

- Provides support to URSCA director through in providing support, advocacy, advising, education, and resources as it pertains to undergraduate research opportunities and events
- Special emphasis and advising related to qualitative and arts-based research

AWARDS

- 2021 Recipient of the UWRF Chancellor's Award
- 2018 Recipient of UWRF College of Arts and Sciences Award for Excellence in Teaching

ADDITIONAL TEACHING EXPERIENCES

Intuitive Drawing Club, Virtual Art Workshops

2020-Present: Internationally attended art and creativity courses hosted through Eventbrite

Art Educator at Fox Den Books, River Falls, WI

2013-2019: Designed and facilitated focused art sessions for children, teens and adults

Art Educator with Ellsworth Public Library, Ellsworth, WI

2016-2017: Designed and facilitated art experiences for middle school students and adults

Art Educator, Free Arts Minnesota, Minneapolis, MN

2011-2012: Facilitated art groups for children and teens

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ART THERAPY EXPERIENCE

Board Certified Art Therapist #14-281

Trauma-Informed Practices of Art Psychotherapy, Art as Therapy, and Therapeutic Art Making for individuals, groups, and communities

Professional Memberships

- American Art Therapy Association
- · Wisconsin Art Therapy Association
- Minnesota Art Therapy Association

2013 - Present: UW - River Falls Student Health and Counseling Services

• Facilitation of in-person and virtual art therapy groups for university students focusing on coping skill development with anxiety, depression, life transitions

2019 - Present: Camp Reunite for Children of Incarcerated Parents

• Facilitation of group art therapy and therapeutic art experiences for children ages seven to 17 in a traditional summer camp setting, as well as children-parent groups on-site at correctional facilities in Eastern Wisconsin

2020 - 2021: Lakewood Cemetery, Minneapolis, MN

Facilitation of virtual art therapy grief processing groups and empowerment through creative practices

2019 - 2020: Brittany's Place Shelter for Trafficked and Solicited Girls, St. Paul, Minnesota

• Facilitation of group and individual art therapy for shelter residents

2014: BRIDGE for Youth with Disabilities, River Falls, WI

• Facilitated group art therapy for teens and young adult with physical or cognitive development disabilities

2013 - 2015: Turningpoint for Victims of Domestic and Sexual Violence, River Falls, WI

• Facilitated group and individual art therapy for families, parents, and children

2011: Aurora St. Luke's Medical Center, Milwaukee, WI | Art Therapy Graduate Intern

- Facilitated individual, family, and group art therapy on the oncology unit and via the Lombardi Cancer Clinic.
- Facilitated art therapy support groups and individuals in chemotherapy infusion clinics

2013 - 2015: St. Croix County Jail, Hudson, WI

• Facilitated group and individual art therapy session for women inmates

2011: Milwaukee Art Museum and the South East Wisconsin Epilepsy Foundation, Milwaukee, WI

Designed and facilitated themed, museum art therapy groups for children with Epilepsy and their families.

2010: Alto Cayma Community Center, Arequipa, Peru | Art Therapy Graduate Intern

Cross-cultural internship facilitating community-based art therapy and community care

2010: Bel Air Care Center, Milwaukee, WI | Art Therapy Graduate Intern

 Facilitated group and individual art therapy sessions with dual-diagnosis elder residents, and dementia/memory-care residents

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SELECTED PRESENTATIONS

2021

NASPA: Student Affairs Administrators in Higher Education Region IV-E Conference | Minneapolis, MN

Presenter | "Trusting the Process: Community Dialogues About Vulnerability and Courage through Art-Based Experiences"

2020

Annual Wisconsin Art Therapy Association Spring Symposium | Milwaukee, WI

Presenter | "The Art Therapist's Sketchbook" *Cancelled due to COVID-19

2019

Annual Wisconsin Art Therapy Association Spring Symposium | Milwaukee, WI

Presenter | "Art Therapist and Accidental Adjunct: Inclusive and Critical Pedagogies in Undergraduate Art Therapy Education"

Claytopia, National Counsel of Education for the Ceramic Arts | Minneapolis, MN

- Keynote Panelist | "YES. SHE. CAN." Chipstone Keynote Panel, Ann E. Lawton, Angelica Pozo, Adrienne Spinozzi
- Breakout Session Presenter | "The Truths We Share" Addressing sexual assault and violence in artist communities and diciplines

Critical Pedagogy in Arts Therapies Conference, The Metropolitan Museum of Art | New York, New York

Panelist | "Lineage & Legacy Emergent Panel"

2018

Sketchkon | Pasadena, CA

Presenter | "Respect the Mess"

2017

UW System Conference on Teaching and Learning | La Crosse, WI

Panelist | "Accommodating Learning, Maintaining Academic Integrity and Balancing an Active Professional Practice." Panel session, Ann E. Lawton, Lyz Wendland, Rhonda Willers

2016

Annual Wisconsin Art Therapy Association Spring Symposium | Milwaukee, WI

- Panelist | "Integrative Care that Treats the Whole Person." Keynote panel
- Presenter | "Creative Escape: Group Art Therapy with Women Inmates in a County Jail Setting"

TEDxUWRiverFalls | River Falls, WI

Presenter | "Art as Empowerment: The Virtue of Art Therapy"

2014

Bridges: Building Bridges for the Future for Professionals and Caregivers of Deaf and Hard of Hearing Children Illinois State University | Bloomington-Normal, IL

Presenter | "Art and the Fountain of Youth: The Self and Soul Care of Art Making"

2013

International Congress of Persons in Medicine and Healthcare: Science and Art and the 3rd Croatian Congress on Prevention and Rehabilitation in Psychiatry, Croatian Society for Protection and Improvement of Mental Health | Dubrovnik, Croatia Presenter | "The Essence of Reflective Creation: The Importance of Personal Art Making and Professional Self-Care in the Mental Health Field."