Education

- 2011 Indiana University, Bloomington IN Master of Fine Arts, Painting.
- 2006 International School of Painting Drawing and Sculpture, Umbria Italy.

School of the Art Institute of Chicago, Chicago IL Bachelor of Fine Arts, Painting.

2003 Washtenaw Community College, Ann Arbor MI Associate Degree, Graphic Design.

Solo and 2 Person Exhibitions

- 2020 The Dying of the Light, CJ One Gallery, New York, NY
- 2019 Look But Don't Touch, One River School of Art and Design, Larchmont, NY Journey Of Small Shifts, Forum @ St Ann and The Holy Trinity, Brooklyn, NY
- 2018 *Gates,* W83 Gallery, New York, NY *Gates,* Defend Brooklyn, New York, NY
- 2016 Breaking the Fourth Wall, Painting and Piano Performance with Craig Michael Davis, Spectrum NYC, NY NY
- 2015 Dear Brooklyn, RAM Gallery, Brooklyn, NY
- 2012 Ben Cowan and Reed Esslinger, Local Emerging Artists, WCC Gallery One, Ann Arbor, MI Neighbors, Gillock Gallery, Chicago, IL Neighbors, Ann Arbor City Club, Ann Arbor, MI
- 2011 Branching Out, Ann Arbor City Club, Ann Arbor, MI Neighborhood View, SOFA Gallery, Bloomington, IN
- 2009 Marion Kryczka and Benjamin Cowan, Gillock Gallery, Chicago, IL

Group Exhibitions

2023	Future Fair, 550 Gallery, New York, NY
2022	Break of Day Edge of Night, The Painting Center, New York, NY
	Gotham Gothic, 5-50 Gallery, Long Island City, NY
	America Now, Curated by Nicholas Cueva, New York, NY
	Group Show, Curated by Rupert Goldsworthy, New York, NY
2021	Soaring Gardens Artist Retreat: Second Decade, Hope Horn Gallery, University of Scranton, Scranton, PA
2020	Nature Exhibition, Curated by Yupin Pramotepipop, Bushwick Open Studios, Brooklyn, NY
2018	Fool Me Once, Robert Lange Studios, Charleston, SC
	Ground Floor Gallery, Affordable Art Fair, New York, NY
2017	Alive, Sojourn Arts and Culture, Louisville, KY
	High Rock Tower, Curated by Alex Sewell, Ess Ef Eff Gallery, Brooklyn, NY
	Arts to End Violence, Ron Taylor Gallery, Brooklyn, NY
	Drums on Paper 3, Authorized to Work in the US Press, Ground Floor Gallery, Brooklyn, NY
	Vive Benefit, The Parlour Bushwick Gallery, Brooklyn, NY
2016	Pivot Gallery Hosts Ess Ef Eff, Pivot Gallery, New York, NY
	Columbia Faith and Action Arts Panel, Columbia University, New York, NY
	Drums on Paper 2, Authorized to Work in the US Press, Rabbit Hole Gallery, Brooklyn, NY
2015	Ruach, St Paul German Church in Chelsea, New York, NY
2014	Finding Balance, Deines Cultural Center, Russell, KS
	Showcase #2, Big Irv's, Brooklyn, NY
2013	Mission Creep, Big Irv's, Brooklyn, NY

- Bob Ross Take Down, Active Space Gallery, Brooklyn, NY
- 2012 30x30, Ann Arbor Art Center, Ann Arbor, MI
- 2011 Altered Ground, University of Michigan Work Gallery, Ann Arbor, MI

	Master Pieces, Manifest Gallery, Cincinnati, OH
	MFA Annual Show, SOFA Gallery, Bloomington, IN
2010	Visual Overload, Fuller Gallery, Bloomington, IN
	MFA Annual Show, SOFA Gallery, Bloomington, IN
2009	SAIC Off Campus Exhibitions: Northern Trust, Chicago, IL
2008	Fall Festival, Around the Coyote, Chicago, IL
	Barewalls, SAIC, Chicago, IL
	Art On Track, Art displayed on CTA train, Chicago, IL
	Ox-Bow Winter Benefit, SAIC, Chicago, IL
	SAIC Off Campus Exhibitions: Chicago Housing Authority Office, Chicago, IL
2007	Barewalls, SAIC, Chicago, IL
	Chicago Loop Alliance, Invitational Live Auction, Chicago, IL
	Big Sky, SAIC SUGS, Chicago, IL
	SAIC Off Campus Exhibitions: Slayton Research Partners, Chicago, IL
	Highland Park High School, Highland Park, IL
2006	"Joseph Albers: To Open Eyes" book release, Gallery One, Ann Arbor, MI
	Undergraduate Exhibition, SAIC, Chicago, IL

Bibliography

The Westerner I Summer 2022, "Artists Showcase Resilience During Annual Art Show" by Kinlee Whitney, Western Colorado University Alumni Magazine, Published Jul 13, 2022 The Brooklyn Review, Art Feature, 2018 Print Edition NeotericART, Ben Cowan on Dioxazine Purple by Matthew Ballou, MARCH 26, 2018 Creators, VICE, "Immigrant Artist Creates Old School Photocopier Print Shows for Everyone", Lorelei Ramirez, February 26 2017 Fresh Paint Magazine, Issue 6, February 2015 The Wall Street Journal, "Happy Trees," David Shapiro, March 25, 2013 The Labletter, Edition 15, 2013 International Painting 2, Manifest Gallery, 2012 The Washtenaw Voice, "Art Emerged," Adrian Hedden, September 25, 2012 Caroline Ewing, "Office Space," F News Magazine, September 18, 2007 Katrina Kuntz, "Is the Best Art in the Bathroom? A Short Review of the BFA Show," F News Magazine, May 1, 2006 **Professional Experience** 2017 – United Scenic Artists, Local USA 829, Scenic Artist 2022 Lecturer, Western Colorado University, MA in Museum and Gallery Management program 2012-18 Jeff Koons Painting Studio Assistant

2015 Summer Arts Instructor, Crown Heights Summer Arts Camp, Brooklyn NY

2011-12 Part Time Instructor, Washtenaw Community College, Ann Arbor MI

- Drawing II: Fall 2011, Winter 2012 Part Time Instructor, Henry Ford Community College, Dearborn MI Painting: Fall 2011, Drawing I: Winter 2012 2009-11 Assistant Instructor, Indiana University, Bloomington IN Painting 1
- 2009-11 Assistant Instructor, Indiana University, Bloomington IN Painting 1: Fall 2010, Spring 2011 Landscape Painting, Beginning to Advanced: Summer 2010 Drawing 1: Fall 2009, Spring 2011
- 2003 Teacher Assistant, Washtenaw Community College, Ann Arbor MI Internet Design: 2 sections Fall 2003

Additional Art Experience

2022 Visiting Artist and Annual Student Show Juror, February 2022, Western Colorado University
2018 The Moxy Downtown Hotel, Corridor Art Murals, New York NY
2015 The Renwick Hotel, Guest Room Art and Presidential Suit Murals, New York NY
2012 Ithaka Office Murals, Ann Arbor, MI
2011 Poster Presenter *Landscape Space Place Geography Conference,* IU, Bloomington IN
2006 Outdoor Mural for Joliet City Garage, Friends of Community Public Art, Joliet IL

Residencies, Awards and Grants

2017 Soaring Gardens, Laceyville Pennsylvania2009-11 Indiana University Full Tuition Remission and Stipend