Ben Cowan cowan.benjamin@gmail.com www.BenCowan.com Instagram: @benbencowan

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Solo and 2 Person Exhibitions	
2025	Viewing Room, Deanna Evans Projects, New York, NY
	Make Like A Tree, One River School of Art and Design, Montclair NJ
2024	Artist Spotlight - Office Hours, Spring Break Art Show, New York, NY
	Five On The First (December), The Art Kollective
	Guarded Gardens, The Mailroom, curated by Carson Wos, New York, NY
2023	Nature Votive, Creal Microgallery, Ann Arbor, MI
2020	The Dying of the Light, CJ One Gallery, New York, NY
2019	Look But Don't Touch, One River School of Art and Design, Larchmont, NY
	Journey Of Small Shifts, Forum @ St Ann and The Holy Trinity, Brooklyn, NY
2018	Gates, W83 Gallery, New York, NY
	Gates, Defend Brooklyn, New York, NY
2016	Breaking the Fourth Wall, Painting and Piano Performance with Craig Michael Davis, Spectrum NYC, NY NY
2015	Dear Brooklyn, RAM Gallery, Brooklyn, NY
2012	Ben Cowan and Reed Esslinger, Local Emerging Artists, WCC Gallery One, Ann Arbor, MI
	Neighbors, Gillock Gallery, Chicago, IL
	Neighbors, Ann Arbor City Club, Ann Arbor, MI
2011	Branching Out, Ann Arbor City Club, Ann Arbor, MI
	Neighborhood View, SOFA Gallery, Bloomington, IN
2009	Marion Kryczka and Benjamin Cowan, Gillock Gallery, Chicago, IL
2003	manor rryozka and Benjamin Gowan, Gillock Gallory, Gilleago, 12
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-	Exhibitions Private Bit have 1 March 2011
2025	Matter and Form, Main Projects, Richmond, VA
	E-Flat File, Deanna Evans Projects, New York, NY
2024	Bouy, Spring Break Art Show, Curated by Amelia Briggs, New York, NY
	On Location, Calico Gallery, Brooklyn, NY
	AIR Byrdcliffe Alum Show, Kleinert/ James Center for the Arts, Woodstock, NY
2023	Future Fair, 550 Gallery, New York, NY
	Hazy Shade of Summer, Calico Gallery, Brooklyn, NY
	Nocturne, First Street Gallery, New York, NY
	Nature Matters, Curated by Yupin Pramotepipop, Bushwick Open Studios, Brooklyn, NY
2022	Break of Day Edge of Night, The Painting Center, New York, NY
	Gotham Gothic, 5-50 Gallery, Long Island City, NY
	America Now, Curated by Nicholas Cueva, New York, NY
2004	Group Show, Curated by Rupert Goldsworthy, New York, NY
2021	Soaring Gardens Artist Retreat: Second Decade, Hope Horn Gallery, University of Scranton, Scranton, PA
2020	Nature Exhibition, Curated by Yupin Pramotepipop, Bushwick Open Studios, Brooklyn, NY
2018	Fool Me Once, Robert Lange Studios, Charleston, SC
	Affordable Art Fair, Ground Floor Gallery, New York, NY
2017	Alive, Sojourn Arts and Culture, Louisville, KY
	High Rock Tower, Curated by Alex Sewell, Ess Ef Eff Gallery, Brooklyn, NY
	Drums on Paper 3, Authorized to Work in the US Press, Ground Floor Gallery, Brooklyn, NY
2016	Pivot Gallery Hosts Ess Ef Eff, Pivot Gallery, New York, NY
	Drums on Paper 2, Authorized to Work in the US Press, Rabbit Hole Gallery, Brooklyn, NY
2015	Ruach, St Paul German Church in Chelsea, New York, NY
2014	Finding Balance, Deines Cultural Center, Russell, KS
2013	Bob Ross Take Down, Active Space Gallery, Brooklyn, NY
2012	30x30, Ann Arbor Art Center, Ann Arbor, MI
2011	Altered Ground, University of Michigan Work Gallery, Ann Arbor, MI
	Master Pieces, Manifest Gallery, Cincinnati, OH
	MFA Annual Show, SOFA Gallery, Bloomington, IN
2010	Visual Overload, Fuller Gallery, Bloomington, IN
	MFA Annual Show, SOFA Gallery, Bloomington, IN

2009 SAIC Off Campus Exhibitions: Northern Trust, Chicago, IL

2008 Fall Festival, Around the Coyote, Chicago, IL

Barewalls, SAIC, Chicago, IL

Art On Track, Art displayed on CTA train, Chicago, IL

Ox-Bow Winter Benefit, SAIC, Chicago, IL

SAIC Off Campus Exhibitions: Chicago Housing Authority Office, Chicago, IL

2007 Barewalls, SAIC, Chicago, IL

Chicago Loop Alliance, Invitational Live Auction, Chicago, IL

Big Sky, SAIC SUGS, Chicago, IL

SAIC Off Campus Exhibitions: Slayton Research Partners, Chicago, IL

Highland Park High School, Highland Park, IL

2006 "Joseph Albers: To Open Eyes" book release, Gallery One, Ann Arbor, MI

Bibliography

Cultbytes.com, "9 Artists That Urge You to Stop and Linger at SPRING/BREAK Art Show 2024" by Alexandria Deters, September 6, 2024

The Westerner I Summer 2022, "Artists Showcase Resilience During Annual Art Show" by Kinlee Whitney,

Western Colorado University Alumni Magazine, Published Jul 13, 2022

The Brooklyn Review, Art Feature, 2018 Print Edition

Creators, VICE, "Immigrant Artist Creates Old School Photocopier Print Shows for Everyone",

Lorelei Ramirez, February 26 2017

Fresh Paint Magazine, Issue 6, February 2015

The Wall Street Journal, "Happy Trees," David Shapiro, March 25, 2013

International Painting 2, Manifest Gallery, 2012

Residencies, Awards and Grants

2025 Vermont Studio Center, Johnson, VT

Parts and Labor, San Antonio, TX

2023 Byrdcliffe Arts Colony Communal Residency, Woodstock, NY

2017 Soaring Gardens, Laceyville Pennsylvania

2009-11 Indiana University Full Tuition Remission and Stipend

Education

2011 Indiana University, Bloomington IN

Master of Fine Arts, Painting.

2006 School of the Art Institute of Chicago, Chicago IL

Bachelor of Fine Arts, Painting.