

# MUD CITY A.I.R. - @mudcityair

Little cabin by the sea. Located in Manahawkin, NJ.

Inspiration from the environment – Atlantic Ocean, Manahawkin Bay, Pine Barrens, Edwin B. Forsythe National Wildlife Refuge, native plants, water-life, and conservation efforts.

Unplug and create without distractions. Give yourself the time to incubate ideas, explore, and achieve a state of flow.

Send me a message if you have interest. I will provide you with more info that way. Even just a weekend is an option!

Healing modalities like Reiki and Yoga can be incorporated into the experience.

Application is rolling. Just send me a message to inquire! Follow along on Instagram - @mudcityair



