

Chela L. Fielding, LCSW

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Summary

30 + years making art, mixed media, film, sculpture, and paintings.

14 + years working in mental health field with adults diagnosed with severe mental illness.

4+ years assistant director of a mental health crisis residential program

8+ years working with youth ages 5 through 26

Current Practicing Artist: chelafielding.com

Currently registered, LCSW #103208 (four years Licensed, August 2025).

Professional Experience

Bilingual Behavioral Health Clinician, LCSW Youth and Family Services Foster Youth Team Therapist

Provide outpatient mental health services to foster youth and their families. Conduct post-hospital visits, initial assessments, reassessments using CANS-50. Write daily medical notes and documentation for all interactions such as case management, individual therapy, family therapy, collateral work, and team work with, human services, crisis unit, hospitals, community clinics, schools and foster youth organizations.

Clinical Social worker, LCSW Petaluma Health Center, September 2023 to 2025

Provide individual short-term therapy, coordinate with NP and Doctors as needed to provide mental health services to patients. Conduct an online LGBTQ support group for teens. Worked two days a week in rural clinic out at Point Reyes Station at the Coastal Health Clinic.

Clinical Social Worker, LCSW Marin Health Medical Center 2022-Present

Provide Psycho-social assessments, consultations and education to patients interested in ECT treatment. Provide pre and post ECT support. Manage schedule including confirming authorizations for insurance, gather history, physical and EKG for pre ECT treatment. Work closely with PACU nurses and Doctor Fratini who provides the ECT treatment. Follow ECT patients on the Unit A, psychiatric floor or the medical floor if requiring inpatient hospitalization. Work on psychiatric floor, Unit A. Conducting psycho-social assessments and discharge planning, leading social/therapy groups.

Bilingual Behavioral Health Clinician, LCSW Youth and Family Services

Sonoma County Behavioral Health Youth and Family Services 2021 - 2022

Provide outpatient mental health services to foster youth and their families. Conduct post-hospital visits, initial assessments, reassessments using CANS-50. Write daily medical notes and documentation for all interactions such as case management, individual therapy, family therapy, collateral work, and team work with, human services, crisis unit, hospitals, community clinics, schools and foster youth organizations.

Behavioral Health Clinician Intern Youth and Family Services

Sonoma County Behavioral Health Youth and Family Services 2018 - 2021

Provide outpatient mental health services to foster youth and to individual youth and their families. Conduct post-hospital visits, initial assessments, reassessments using CANS-50 and completing a pediatric check list. Write daily medical notes and documentation for all interactions such as case management, individual therapy, family therapy, collateral work, and team work with, human services, crisis unit, hospitals, community clinics, schools and foster youth organizations.

Bilingual Senior Client Support Specialist

Sonoma County Behavioral Health Youth and Family Services 2017 - 2018

Provide outpatient mental health services including individual and family therapy, case management, develop treatment plans, complete reassessments, write daily and ongoing medical documentation. Work collaboratively with Social Workers, TBS counselors, Foster families, and law enforcement, provide crisis/urgent intervention at clients' homes, attend and participate in interdisciplinary team meetings. Facilitate Dialectical Behavioral Therapy (DBT) for weekly teen group.

Director of Beach House

Bay Area Community Resource March 2016- October 2016

Provided opportunities for youth to hike trails, play at the beach, and explore nature in the Golden Gate Regional Park with youth ages 5 - 17 who lived in homeless shelters.

Casa Rene, Assistant Program Director

Bucklew Programs 2012 - 2016

Worked closely with PD to open and build program. Designed and implemented the structure of a daily program. Hired and supervised up to 14 staff. Adhered to California Department of Health Care Services (DHCS) as well as California Community Care License Regulations, (CCL) and handled reportable data. Created a therapeutic art program for residents. Provided ongoing support and training to staff with a specific focus on Motivational Interviewing. Provided crises on-call coverage and direct therapeutic services to clients and families. Created client plans and conducted assessments with clients. Charted daily shift notes for Medi-cal. Coordinated and

scheduled in service providers such as AA/NA, smoking cessation, and peer specialist. Participated in weekly team building and collaborated with community partners.

Site Coordinator Draper House

Buckelew Programs 2010 - 2012

Completed assessments and client plans for eight adults between the ages of 18 to 68 with mental health challenges. Provided therapeutic support to clients and families. Facilitated treatment meetings with key team players. Charted notes for medi-cal on a daily basis. Provided support, supervision, and professional development training to five staff members. Provided twenty-four hour on-call emergency support to staff.

Site Coordinator Drake House

Buckelew Programs 2009 - 2010

Completed assessments and client plans for sixteen adults with mental health challenges. Provided therapeutic support to clients and families. Facilitated treatment meetings with key team players. Charted notes for medi-cal on a daily basis. Provided support, supervision, and professional development training to six staff members. Provided twenty-four hour on-call emergency support to staff.

Personal Care Provider D Street House

Buckelew Programs 2007 - 2009

Facilitated client appointments with psychiatric nurse practitioner. Managed medications. Monitored all medications for ten clients. Collaborated with psychiatric doctors and psychiatric nurse practitioner. Provided therapeutic support, creative art therapy and symptom management tools for clients.

Hillside Farming and Sustainable Agriculture

United States Peace Corps Volunteer 1995 - 1997

In Ocotopeque, Honduras educated, collaborated and practiced sustainable and rural farming practices. Worked with men groups, woman groups and youth ages 5 through 17 in the schools.

Education:

Masters in Social Work: Humboldt State University, CA 2018

MFA Sculpture: Massachusetts College of Art, Boston, Massachusetts 2005

Bachelors of Arts degree Fine Art and Film: Humboldt State University, CA 1993

Art Residencies:

Art Farm: Marquette, Nebraska

National Parks Art Residency: Whiskey Town, Redding, CA

Galleries and Multiple Shows:

Mercury Art Gallery: Oakland, Ca

Galleries at Massachusetts College of Art: Boston, Ca

Galleries at Humboldt State University: Arcata, Ca

Certifications/Conferences 2010-2025

Post Traumatic Stress Management Coping Groups

Post Traumatic Stress Management and Psychological First Aid

Trauma Informed Care

CSEC 101-102

Skills for Psychological Recovery

DBT Skills Training on-going with Sonoma County Behavioral Health Adapting Dialectical

Behavior Therapy for Everyday Clinical Needs CANS youth 5 - 17 & ANSA for adults

Co-Occurring Disorders

Assessing, Documenting Suicide Risk

Emotional CPR

Motivational Interviewing

Internal Family Systems

Polyvagal Theory in Therapy

TF-CBT Certified

EMDR certified

Law and Ethics (on going)

Attended the International Society for ECT and Neurostimulation Annual Meeting; learned latest Clinical trials and knowledge w/ ECT treatment.