

Education

- 2019 Master Artistic Research, Royal Academy of Art, the Hague, NL
 2005 Bachelor of Science, Skidmore College, Saratoga Springs, NY, USA

Selected Exhibition and Performance

- 2019 *Better As A Chorus* (curatorial direction: Eloise Sweetman, Jason Hendrik Hansma) Artistic Research Masters graduation exhibition, Royal Academy of Art, the Hague, NL
 2019 *I was mostly delighted, but yes, also a little bit afraid* (curatorial direction: Raimundas Malasauskas) Quartair Contemporary Art Initiative, the Hague, NL
 2018 *The Ongoing Conversation #5*, 1646 Project Space, the Hague, NL
 2018 *The Reverse of Observant* (curatorial direction: Camilla Crosta) Performance and exhibition at culmination of week-long residency at Hospitalfield House, Arbroath, Scotland
 2018 *RISE* (curatorial direction: Jonatan Habib Engqvist), Quartair Contemporary Art Initiative, the Hague, NL
 2017 *The Artist Will Be Drunk*, Jimz, the Hague, NL
 2017 *The Pee Dee River is Long and Black: public presentation of work for Versal*, Versal Release Event, Mezrab, Amsterdam, NL
 2016 *The Gym of Obsolete Technology*, co-curator/initiator and exhibiting artist, W139, Amsterdam, NL
 2016 *Solo performance, Subbacultcha! presents*, Butcher's Tears, Amsterdam, NL
 2016 *Solo performance*, WorkCentre232, Amsterdam, NL
 2015 *Baracca: Inside Job*, Baracca, Roubaix, FR
 2015 *Solo performance*, h(EAR) Festival for Experimental Audio Research, Heerlen, NL
 2015 *Bad Water*, performance and mix tape publication for Verso, Mezrab, Amsterdam, NL
 2014 *Shit is the New Gold*, EXO, the Hague, NL
 2014 *The Pee Dee River*, solo exhibition, the Office, Amsterdam, NL
 2014 *We Are Not Sisi; deconstructing codes of homeland*, Vondelbunker, Amsterdam, NL
 2013 *Guest vocal performance on stage with Marshall Allen (Sun Ra Arkestra), Daavid Allen (Gong), and James Harrar's Cinema Soloriens*, OCCII, Amsterdam, NL
 2013 *Invited Curator and improvisational performance with Caetano Carvalho and Arvind Ganga* Oorsprong Curators Series, Poortgebouw, Amsterdam, NL
 2013 *Solo and duo West Coast USA performance tour, selected dates with Rogier Smal (NL) and Lori Goldston (US): Hollow Earth Radio*, Seattle, WA, *Revival*, Portland, OR, *The Luggage Store*, San Francisco, CA, *Human Resources*, Los Angeles, CA
 2012 *Sympathetic Magick*, solo exhibition, AWA Gallery, Amsterdam, NL
 2011 *The Invisible College/Dagora*, installation and performance, Maarten Luther Kerk, Amsterdam, NL
 2009 *Southern Holiday* (curatorial direction: Iris Williamson), DuggDugg, Charlotte, NC, USA

Selected Relevant Experience and Initiatives

- 2018-2019 Research, Workshop development and presentation (*Folk Music, the End of History, and contemporary context*), and Musical Arrangement assistance to the composer on *Brave New World 2.0* theatrical production, NITE (Noord Nederlands Toneel, Slagwerk Den Haag, Asko/Schonberg, Club Guy and Roni), Groningen, NL
 2011-2017 *AV Club Amsterdam* Initiator, production, booking; monthly experimental video, film, music and sound event series, OCCII and guest locations, Amsterdam, NL

- 2008 Painting Instructor, stART Youth Summer Art Intensive, Winthrop University, Rock Hill, SC USA
- 2008 Penland School of Crafts, summer work/study program, Penland, NC, USA
- 2007-2008 Assistant Visual Art Faculty, Governor's School of North Carolina at Salem College, Winston-Salem, NC, USA
- 2004-2005 Curatorial Assistant, Francis Young Tang Teaching Museum, Saratoga Springs, NY, USA
- 2003-2005 Music Director, WSPN 91.1 radio station, Saratoga Springs, NY, USA

Selections of commissioned writing, artwork, and music have appeared in publications such as Parking Lot Magazine (NL), Gonzo (circus) Magazine's *Mind the Gap* special features audio CD (NL/BEL), Versal Arts and Literary Magazine (NL), Scope Skidmore Alumni magazine (US), Buiten de Order (NL), and Hoop Doop (NL).

Helena has created album artwork for a selection of international musicians such Dylan Carlson (US), Jason Crummer (US), Cathy Heyden (FR), Mik Quantius (DE), Arvind Ganga (NL), Slow Worries (NL), Landverraad (NL), Rogier Smal (NL), and Moving Furniture Records (NL)