

## **Tattoo Aftercare**

Remove bandage or dressing when a sanitary environment is available.

Wash your hands with antibacterial soap before caring for your new tattoo.

Now, remove the dressing & wash the tattoo with warm water and a small lather of antibacterial soap. Be certain to remove any ointment or blood. Next, rinse the tattoo under cold water for 30 seconds or so. Dry the tattoo by gently patting it dry with a clean paper towel.

Allow the tattoo to air dry completely for 10 minutes. Apply a thin coat of Aquaphor, A&D, or Dr. Bronner's Organic Body/Tattoo Balm approximately 3-4 times daily. Apply just enough ointment so that it remains slightly "tacky" throughout the day. (Do not apply excess ointment)

Repeat each of these steps 3 times a day for the next 3-5 days, depending on how you are healing (Everyone heals differently).

Once peeling is done, switch to any fragrance-free lotion such as Cetaphil, Lubriderm, Eucerin, Curel, Cocoa Butter, etc.) and apply a thin coat of lotion as often as necessary throughout the day until fully healed.

During the healing period...

DO NOT wash the tattoo with a washcloth.

DO NOT expose the tattoo to very hot water.

DO NOT overexpose the tattoo to sunlight.

DO NOT submerge tattoo in saltwater or chlorinated pools.

DO NOT shave over the tattoo. DO NOT use any products on the tattoo that contain White Petrolatum, Petroleum, or Isopropyl Alcohol.

DO NOT use sunblock until the tattoo is fully healed. Your tattoo is fully healed when it is no longer peeling, and the shiny new skin has achieved a matte finish.

The healing of your tattoo really depends on how well you take care of it.