

# Tattoo Appointment Reminder & Studio Guidelines

Thank you for booking your tattoo session. Below are a few important notes to help you prepare for your appointment and ensure we both have a smooth, comfortable experience.

## Health & Safety Protocols

- If you're **feeling sick**, showing any symptoms of illness, or have recently been exposed to someone who is unwell, please **reschedule your appointment**. You will **not lose your deposit** due to illness — just let me know as soon as you can.

## Guests & Age Policy

- You're welcome to bring **one person** for support during your session. Please keep it to one extra person so we can maintain a calm, focused environment.
- **Absolutely no one under 18** is permitted in the studio — this includes infants and children. No exceptions due to insurance and safety policies.

## Before Your Appointment

- Please **review the full aftercare instructions** before your appointment: [\[CLICK HERE\]](#)  
If you have any questions, write them down or bring them up at your session.
- If you'd like to reapply Second Skin/Saniderm to re-bandage your tattoo after the first 24 hours, you can purchase it in advance here: [RECOVERY DERM](#)

## Payment & Deposits

- **Cash is preferred.**
- Other payment options (Venmo, PayPal, Zelle, credit card) are available but will include a **5% processing fee**.
- Your **deposit is non-refundable**, but it *will* be applied to the final cost of your tattoo.

## Day-Of Prep

- **Eat a full meal** before your appointment — not just a snack. Tattooing takes a toll on the body, and low blood sugar can make the experience harder.
- If your session is 2 hours or longer, bring **water and snacks** to keep your energy up.
- **Avoid alcohol the night before**, and **do not drink the day of** your tattoo until your session is complete — alcohol can thin your blood and impact the process.

## Cleanliness & Scent Sensitivity

- Please **shower before your appointment**, and if possible, use a gentle exfoliant on the area being tattooed. Don't overdo it — we don't want the skin irritated.
- **Skip perfume, cologne, or strong scents.** Tattooing is an intimate, up-close experience, and many clients (and artists) are sensitive to fragrance.

## What to Wear

- Wear **dark, loose, and comfortable clothing** — ideally black, in case of ink or fluid transfer.
- Make sure the tattoo area is **easily accessible** without needing to remove too much clothing.
- If you're unsure what to wear, just ask me ahead of time — I'm happy to help you prepare.

## Mental Prep & Comfort

- Tattooing can be uncomfortable, so plan ahead. **Bring distractions** like a book, headphones, music, an iPad, or Kindle. We also have **WiFi available** in the studio.
- **Please double-check any spelling** for names, quotes, or foreign languages — your artist is great with design, but not always a spelling expert.

## **Important Boundaries**

- If you arrive **under the influence** of drugs or alcohol (including **microdosing**), I will not tattoo you. You must be in a **clear, stable state of mind** for this work — no exceptions.
- **Do not apply numbing cream** unless we've previously discussed and approved it. Some brands negatively affect the healing process and skin texture.
- Consider any **upcoming life events** — like travel, sports, or swimming — and how your new tattoo and the healing process might be affected.

## **Final Note**

Tattooing is a collaborative and personal process. My goal is to provide a grounded, safe space where your ideas can come to life with care and intention.

If you have any last-minute questions or concerns, don't hesitate to reach out.  
Thank you again for trusting me with your skin — I look forward to working with you.

Warmly,  
**Kristina Wildcrafttattoo**