

## 5 Day Indigo-ecoprint Workshop with Pia Best-Reinhaus and Merike van Zanten

August 3-7, 2016

Pia is an independent and self-educated fashion designer and textile artist in Germany for over 20 years now. Over many years she has been experimenting with Shibori, felting, natural dyeing and ecoprinting techniques. From the results she makes wearable garments.

The specialty of this workshops is the integration of design, felting, natural dyeing, chemical dyeing, eco printing, Shibori and sewing.

Merike is a Dutch-American book artist, letterpress printer and eco-printer, working from her studio in Maine since 2002. She uses mixed media in all her disciplines, the majority being natural materials or derivatives thereof.

### Workshop description

The participants will learn the basic instructions of dyeing with indigo crystals and ecoprinting based on fabric samples like wool, silk, cotton, linen and viscose jersey. Every fabric produces a different outcome. The participants will learn which plants and flowers have what kind of effect. We will use plants that are native to the area which we will collect together, as well as plants brought from your own environment, and some special plants bought in advance.

You will also learn to dye and print used clothes or pre-felted garments which you can bring from home.

Then we will make a simple pattern for a dress or a shirt or a tunic and after dyeing, printing and sewing, everyone will go home with a finished, one of a kind, handmade piece of clothing.



### Workshop outline

#### Day 1

Learn to prepare an indigo vat. Dyeing with indigo crystals on wool, silk, cotton, linen and viscose. Botanical basics of eco printing.

#### Day 2

Practical instructions based on fabric samples and more ecoprinting. Processing of a piece of clothing or felted textile or some other pre-fabricated item brought from home.

#### Day 3

Processing of a piece of clothing or felted textile or some other pre-fabricated item brought from home.

#### Day 4

Making a pattern for your garment. Cutting, dyeing and eco printing the fabric.

#### Day 5

Sewing of the garment. More eco printing as time allows.

**NB: this workshop can also be taken as a three day workshop!**

hours: 9am to 5pm, but the studio will be open 24/7 so participants can work whenever they like.

### Fees

The fee for the five day workshop is \$650, for the three day workshop \$400. This includes refreshments, snacks and lunches.

A materials fee of \$15 is for shop bought plant material.

Optional fabric sample packs can be obtained for \$25.

A list of full yardage fabric will be available for you to order in advance, if you wish.

### Location

The workshop will take place in Acton, Maine. The studio is on a lake, and next to a 100 acre parcel of woodlands. The lake is great for swimming and cooling off, the woods are great for walks and the gathering of plant materials. There is a small beach area where we can have camp fires in the evening.

### Traveling

Participants can fly to Boston, MA. Pick ups will be arranged where necessary.

For those driving, directions will be send later.

### Accommodation

Accommodation can be provided at the studio or within walking distance for \$35 per night, including breakfast. There are also a few outside B&Bs in the area, 5 and 6 miles from the studio.

### General conditions

Upon registration \$325 or the full fee is needed to hold your place in the workshop. The remainder should be paid by July 1, 2016. Please make check payable to Rika van Zanten, or pay with PayPal to [doubledutch.merike@gmail.com](mailto:doubledutch.merike@gmail.com).

Once we have received your registration form, we will send you a confirmation including a list of materials for you to bring, a list of what we will supply you with, and detailed lodging and travel information.

Cancellations can only be made by letter or email, and should be received before June 15. A \$25 administration fee will be applicable. In case of cancellation after June 15 your deposit will not be refunded. In case of not showing up at the workshop, no refunds are given. Substitutes are acceptable.

In case of cancellation by Pia Best-Reininghaus the workshop fee will be refunded in full.

You will have to take out a travel and cancellation insurance yourself (participation in the workshop will be at your own risk).

### PLEASE FILL IN CAPITAL LETTERS

Name:

address:

phone number:

e-mail address:

DOB:

I agree to the general conditions as stated on this form: YES / NO

Please fill out this page and return to:

Merike van Zanten

[merike@DoubleDutch-Design.com](mailto:merike@DoubleDutch-Design.com)

Checks should be made payable to Rika van Zanten and send to 392 Cambridge Street, Cambridge, MA 02141 or pay with PayPal to [doubledutch.merike@gmail.com](mailto:doubledutch.merike@gmail.com)

## Bookmaking and eco printing workshop with Leslie Marsh and Merike van Zanten

August 10-13

Leslie Marsh is an artist and book binder whose work incorporates forged metal, found and collected elements, and vintage findings. She often uses old photographs, text and stones in her pieces. Using centuries-old binding techniques, Leslie forges the elements into book covers that hold nature-dyed papers. Her books are held in private collections across the US, Europe and Australia.

Merike is a Dutch-American book artist, letterpress printer and eco-printer, working from her studio in Maine since 2002. She uses mixed media in all her disciplines, the majority being natural materials or derivatives thereof. Her books are held in public and private collections across the US and Europe.

This workshop entails *Book of Trees*, *Stamped Nature Bound*, and *Wearable Book* (see photos below), and you will be able to tackle all those techniques and hopefully finish all of them too. Over this multi-day workshop, Leslie will show participants how to make medieval-style book clasps using brass sheeting, how to solder, stamp and embellish book covers, and how to bind it all together into a treasured book using Coptic binding. And for the wearable books we will attach them to a lightly-embellished chain.

At the same time, she will show students how to coax beautiful prints onto paper for their pages using leaves, heat and water.

The skills (and handouts) students leave this technique-filled workshop with will arm them to make books of all sizes.

This is a 4-day workshop with an optional 5th day should you need more time: August 10 - 13/14, 2016. If you can't do 4 days and only want to make one book, that would be another possibility.

The cost is \$500, which includes all meals and accommodation.

The kits are respectively \$40, \$30 and \$15. It is up to each individual which and how many books you'd like to make in the 4 or 5 days available.

