

*Nature is the true conductor, I am a note, and the things I create are the bridges between.* This quote best exemplifies my art making praxis. A starting point devoid of preconceived ideas, maps, or projections upon place and the materials we utilize and transform into art forms that come from it.

My work demonstrates this approach – the ritual act of reciprocity with site and/or material; what I term: *serious play*. That magical space of discovery where listening, experiencing, interacting and communicating through creation of form and action become one, a combination of intuition, inspiration and imagination.

Nature forces us to look inside while demanding us to be grounded in its presence, in our mutual understanding of one another. We are-able-to do this by actively pursuing and being conscious of the elements that dictate our internal and external realities, and Art in its many forms facilitates this.

Movement in its many manifestations as the guiding principle in all aspects of life currently occupies my art making process. The belief that life is essentially change and transformation of energy from one form to another ad infinitum fascinates and drives me onward.