

2014-2023 - Selected choreography & performance

2023

Choreographer, *Noise*, a musical by César Alvarez, directed by Sarah Benson

- Hopkins Center for the Arts, Dartmouth College, Hanover, New Hampshire
- Performer with dancer Ayako Kato, musicians Tomeka Reid, Caroline Davis
- Hungry Brain, Chicago, IL

2022

Collaborations tour - multiple performances with cellist/composer Tomeka Reid, dancer Ayako Kato and guests

- De Studio, Sound in Motion Visitations series, Antwerp, Belgium
- Moers Festival, Moers, Germany
- Lokal Harmonie, Duisburg, Germany

Invited artist, performer and speaker - American Philosophies Forum, Emory University. Presented a paper, solo performance, co-leader of workshop with Megan Craig on interdisciplinary improvisational practice

- American Philosophies Forum 2022 annual conference, *On Freedom and Liberation*, Emory University, Decatur, GA

2020

Ceremony of Strangers (working title), creator, director, performer, a roving interdisciplinary performance practice with a shifting cast of local artists - postponed

- Karl Kemp Performance Space, New York, NY

2019

Parts of Some Sextets, performer in the reconstruction of 1965 work by seminal choreographer, Yvonne Rainer, with Emily Coates

- Performa 19 Biennial, Gelsey Kirkland Arts Center, NYC

2018

I Know You So Well: A Sound and Movement Choir for People Who Work in Healthcare, co-creator, choreographer and director in collaboration with writer Rachel Kauder Nalebuff

- Commissioned premier performance: Artspace, Yale School of Nursing, Orange, CT
- Led experiential workshop at New York University, School of Drama Therapy
- Led experiential workshop at AT annual conference, Columbia University, NYC

2017

Redouble, a duet in collaboration with vocalist Kyoko Kitamura

- Movement Research at the Judson Church, NYC

Traveling In Place: performance installation in collaboration with visual artist Megan Craig. In conversation with the Yale Art Gallery's exhibition of the work and collection of Josef and Anni Albers

- Multiple performances at Yale University Art Gallery, New Haven, CT

Untitled, An interdisciplinary performance trio with composer and instrumentalists Anthony Braxton and Taylor Ho Bynum as part of larger festival of Braxton's work

- SoundSeen: Cage/Braxton/Marclay, Brendle Recital Hall, Wake Forest University, Winston-Salem, NC

2016

Corner, trio in collaboration with dance artists Pamela Newell and Bronwen MacArthur

- Austin Arts Center Trinity College, Hartford, CT

2015

Sonic Genome: Choreographer and movement director for composer and instrumentalist Anthony Braxton's eight-hour immersive performance with sixty moving musicians

- Torino Egyptian Museum, Torino Jazz Festival, Italy

Colorada: performer and collaborator in this performance installation with visual artist Megan Craig

- Kunstverein Graftschaft Bentheim, Neuenhaus, Germany
- The BIG ROOM, New Haven, CT

2014

Trillium J, Choreographer / performer, for the world premiere of the opera by Anthony Braxton

- Roulette Intermedium Arts, Brooklyn, NY

net work (please touch): performance installation, with visual artist Megan Craig

- Artspace New Haven

2011-2019

Masters of Ceremony, founding member of the interdisciplinary improvisation collective of dancers and musicians (with Melanie Maar, Taylor Ho Bynum, Abraham Gomez-Delgado)

- Movement Research Festival, New York, NY 2015, Firehouse Space, Brooklyn, NY 2015, The Poetry Project at St. Marks Church, New York, NY 2014, NOT Festival, Brooklyn, NY 2014, Moving Sounds Festival at the Austrian Cultural Forum, Brooklyn, NY 2013, The Vision Festival, Roulette Intermedia Arts, Brooklyn, NY 2013, *Soundscapes and Territories*, Stony Brook University Philosophy and Arts Conference, New York, NY 2013, Martin Schoessl Hall, Tanzstudio Maar, Vienna, Austria, 2012, Sonic Exchange, Kassel, Germany, 2012, OT301, Amsterdam, Netherlands, 2012

1996-2014 Performance history in brief:

- During this time my work was presented throughout Minneapolis, MN, where I was based until 1999, multiple venues in New York City and New Haven, CT, regionally in New England, and in Belgium, Austria, the Netherlands, Italy, and Germany.
- I Performed with a range of choreographers and dance companies including Morgan Thorson, Wynn Fricke, Urban Bush Women, Risa Jaroslow and Dancers, Emily Coates, RoseAnne Spradlin, Juliette Mapp, Djola Branner, Leah Nelson, Christopher Watson Dance Company, Baraka de Soleil, among others.
- I toured, performed with and am featured in a number of music videos with the recording artists Fischerspooner.

2014-2023 - Selected Teaching

2023

Bennington College, Bennington, VT

- Master class in the art of improvisation in dance & across discipline Links Hall, Chicago, IL
- Dance workshop in structured movement improvisation and practice

2022

Dartmouth College Department of Music, Hanover, NH

- Masterclass in Interdisciplinary performance practice for Graduate Music Seminar
- Masterclass in Alexander Technique for Graduate Music Seminar

Judith Leibowitz Scholarship Fund online workshop series

- online workshop in refining directions in the Alexander Technique

Junction Dance Festival, White River Junction, VT

- Facilitator Contemplative Dance Practice event

Open Door Integrative Wellness Center, White River Junction, VT (Since 2021)

- Weekend intensives, ongoing courses, workshops in Alexander Technique, somatics, gentle movement, movement improvisation, Contemplative Dance Practice

Ongoing private practice in the Alexander Technique(since 2008)

2021

Dartmouth College Department of Music

- Visiting instructor in Alexander Technique for Music Theory course (4-courses)

Yale School of Music, Morse Summer Music Academy, 2021

- Alexander Technique faculty, taught daily class for 4 weeks to high school music students -online

2019

Dartmouth College, Department of Theater

- Guest faculty. Movement improvisation workshop

Movement Research, New York, NY, teaching faculty (2008-2019)

2018

Rutgers University Mason Gross School of the Arts

- Guest faculty: Alexander Technique master class for music majors

Yale University, Department of Theater Studies

- Guest teacher for class on somatics and dance

2017

Neighborhood Music School Music Program, 2017-2020

- Guest Faculty: AT courses, workshops for faculty and students

Central Connecticut State University

- Guest faculty: Modern technique and AT for dancers

2016

Seattle Pacific University, Music Department

- Guest faculty: Alexander Technique master class for music majors

2015

Trinity College (Hartford, CT), Dept. of Theater and Dance, 2015/2016

- Visiting Assistant Professor: Modern technique, guest choreographer

MDC Live Arts Lab, 30-day creative and teaching residency

- Artist-in-residence w/composer Taylor Ho Bynum: 4-week workshop, choreography lab in interdisciplinary practice with select group of performing artists, Miami Dade College, Miami, FL

University of Alabama, Tuscaloosa, Dept. of Dance

- Rehearsal co-director / performer: set Anthony Braxton's *Pine Top Aerial Music* Project on UA dance students for a performance during Braxton residency

Freedom To Move Conference on Alexander Technique and Dance

- Presenter: AT & movement improvisation, Balance Arts, New York, NY

Yale University, Department of Theater Studies, 2011-16

- Guest teacher: weekly extracurricular AT class for actors

2014

Educational Center for the Arts, Performing Arts High School, New Haven, CT

- Faculty, Dance Department (2011-2014)

Curator/production

2010-16, Founder, curator, producer, *Take Your Time* Performance Series, The BIG ROOM, New Haven, CT

Fellowships/Awards/Residencies:

2022 Vermont Arts Council Artist Development Grant

2020 Connecticut Artist Fellowship

2020 Artist-in-residence, Karl Kemp Performance Space, New York, NY

2018 Foundation for Contemporary Arts Emergency Grant

2018 NEFA New England Dance Fund recipient

2018 Artspace CWOS commission, New Haven, CT

2018 Lucas Artists Residency program Montalvo, collaborating artist, Saratoga, CA

2015 - Miami Dade College Live Arts Lab Artist and Teaching Residency, Miami, FL

2011 & 12 - Mayor's Community Arts Grant, City of New Haven, CT

2007 - NEA Honorary Fellowship, Djerassi Resident Artists Program, Woodside, CA

2005/06 - Dance Theater Workshop Fresh Tracks Residency, New York, NY

Selected Bibliography:

Journal of Speculative Philosophy, Penn State University Press, *Somatic Research and Movement Improvisation as a Practice of Freedom* - Fall 2022

Sound American, *Pine Top Aerial Music*, online journal SA16/Fall 2016

AmSAT Journal, 2010-2014, contributing writer, copy editor

Movement Research Performance Journal, 2005-2009, contributor, editor

Affiliations:

Member, Judith Leibowitz Scholarship Fund Committee (JLSF), 2022-
Board member, American Society for the Alexander Technique(AmSAT), 2009-11, 21-
Curatorial Advisory Board, Artspace, New Haven, CT, 2016 - 2020
Teaching Member, AmSAT, since 2008

Education:

AmSAT Nat'l Teaching Certification, Alexander Technique, American Center for the
Alexander Technique (ACAT), New York, NY, 2008
M.F.A. Dance, NYU Tisch School of the Arts, New York, NY, 2001
B.A. English Literature, Macalester College, St. Paul, MN, 1997