

Lindsay Jamison CYT-500

www.lindsayjamison.com

lindsayjamisonyoga@gmail.com

267-608-9776

Professional Experience

- 2019-Present** **Corporate Touch-** Wellness Educator, Philadelphia
Clymer Elementary- After School Girls Mindfulness & Yoga, Philadelphia
- 2018-Present** **Ronald McDonald House-** Manager for Mural & Art Instructor, Philadelphia
- 2017-Present** **Mellow Massage & Yoga-** Yoga & Meditation instructor, Philadelphia
William Dick Elementary- Children's Yoga/Meditation classes, Philadelphia
- 2016-Present** **Independence Blue Cross-** Yoga, Chair Yoga, Meditation, Philadelphia
Lindsay Jamison Art & Yoga- Private Instruction, Group classes, Seminars
Do it Better Wellness- Wellness & Art Classes & Seminars, Philadelphia
- 2016-2017** **Fleisher Art Memorial-** Teen Lounge Art Class Series, Philadelphia
- 2015- 2017** **Painting with A Twist-** Lead Art Instructor for children/adults, Media, PA
Yoga on Main- Yoga Instructor, Philadelphia
Healing Arts Collective- Art & yoga classes/workshops, Philadelphia
- 2015** **Bobbi's at Parkside-** Assistant Manager & Shopify specialist, Cocoa, FL
- 2014-2016** **Wellness on Park-** Yoga Instructor, Swarthmore, PA
- 2013-2014** **Painting With A Twist-** Lead Painting Instructor, Jenkintown, PA
Be Well With Ease- Yoga Instructor, Huntingdon Valley, PA
- 2013** **INE Studio-** Curator & Event Planner, Philadelphia, PA
Penland School of Crafts- Assistant Teacher, Penland, NC
Two-month glassblowing concentration with David Naito
- 2012-2016** **Biba Shutz Designs-** Glassblower, NYC, NY
Fabricating Flame-worked glass for jewelry designs
- 2012** **Penland School of Crafts-** Assistant Teacher, Penland, NC
- 2011-2013** **E-Glass Studio-** Assistant Manager, Gaffer & Assistant, Hellertown, PA

- 2011** **Banana Factory Glassworks-** Glass Instructor/ Studio Assistant, Bethlehem
Pilchuck Glass School- Assistant Glassblowing Teacher, Stanwood, WA
- 2010** **Americorps- Education Works-** Instructor & Assistant Teacher, Philadelphia
Beadworks- Instructor & Retail Sales Associate, Philadelphia
- 2009** **Center for Emerging Visual Artists-** Intern, Philadelphia

Community Development & Continued Education

- 2019** **Reiki Level 2 Training,** YogaLife Institute, PA
Pranic Healing Certificate & Advanced Pranic Healing Certificate, PA
Shamanism Training- Basic, Death & Beyond, Extraction Healing, NJ
- 2018** **Ronald Mcdonald Summer Camp,** Volunteer Art Teacher, PA
- 2017-2019** **CYT Yoga Therapy Training & 500 hour Certificate,** YogaLife Institute, PA
- 2017** **Yin Yoga Training,** Wake Up Yoga, PA
Children's Yoga Training, YogaLife Institute, PA
- 2016** **Mindfulness Based Stress Reduction 8-week Course,** UPenn, PA
Off the Mat, Into the World Yoga Activism Training, Omega, NY
- 2015** **Corporate Art Teacher Training,** Painting with a Twist, New Orleans, LA
- 2014** **YCat- Yoga for Cancer Teacher Training,** Integral Yoga Institute, NYC
Reiki Level 1 Training, Wellness on Park, Swarthmore, PA
- 2013** **Corporate Art Teacher Training,** Painting with a Twist, New Orleans, LA
- 2011 & 2013** **200 Hour Hatha Yoga Teacher Training,** Yoga on Main, Philadelphia, PA
- 2010** **Penland School of Crafts,** Flame-working Class, Eric Goldschmidt, NC
- 2009** **MultiCultural Youth Exchange,** Assistant Art Teacher, Philadelphia, PA
CFEVA New Courtland Fellowship Volunteer, Assistant, Philadelphia
Creative Glass Center of America, "Painting on Glass" Class, Millville, NJ
- 2008-2009** **Wheaton Arts "Worlds Largest Glass Ornament,"** Volunteer
President of University of the Arts Glass Club
Burnt Asphalt Glass Performances, Corning Museum & Urban Glass, NY
- 2008** **Greater Philadelphia Cares,** "Values through Arts and Crafts" mentor
Corning Museum of Glass, Kiln-forming glass, Ingalena Klenell, Corning, NY

Education

- 2009** BFA in Sculpture, University of the Arts, Philadelphia, PA
2008 Semester Abroad, Sydney College of the Arts, Australia